



David Spares Saul's Life

1 Samuel 24:1-22; 26:1-25

(KBC Study Bible, pages 314-315; 317-318)

Character Word

Self-Control – *doing something even when I do not feel like it*

David honored God by showing self-control in sparing Saul's life twice.

I honor God when I have self-control in dealing with others.

Memory Link

Even a child is known by his deeds, whether what he does is pure and right.

Proverbs 20:11 (KBC Study Bible, page 688)

DAY 1 READ: Matthew 5:44 (KBC Study Bible, page 1031)

DO: Read "Mystery Solved" on page 1031 in your KBC Study Bible. Think about the ways that you can show kindness to others this week. Remember that when you do these acts of kindness, you are doing it not to impress people but to honor God.

PRAY: God, thank You for loving me. Help me to love others and to show kindness even to those that do not show kindness to me. In Jesus' name, Amen.

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DAY 2 READ: 1 John 2:9-10 (KBC Study Bible, page 1356)

THINK: The apostle John tells us that if we hate other people we are in darkness, but when we love others we are in the light. Pretend that you are a flashlight this week, shining light into the darkness. Think about ways that you can show love to other people this week.

PRAY: God, help me to show Your light in the darkness of the world. Help me spread my light by loving everyone around me. In Jesus' name, Amen.

DAY 3 READ: Colossians 4:6 (KBC Study Bible, page 1303)

DO: Read "Digging In" on page 1303. Thinking before you speak requires self-control. Sometimes we just blurt out hurtful words when we are angry. When we hurt others we should always remember to say "I'm sorry".

PRAY: God, help me to use self-control and think before I speak. Let me use my words to spread love and kindness instead of hate. In Jesus' name, Amen.

DAY 4 READ: Proverbs 14:16-17 (KBC Study Bible, page 680)

DO: Sometimes when we lose our temper it makes us feel strong, but later when we calm down, we often feel foolish for the way we acted. It takes real strength to stay calm when someone insults you. Draw a cartoon picture of you and another person. Show the other person saying something insulting to you. Show yourself answering with kind words.

PRAY: God, please help me not to lose my temper when others hurt me. Help me to remain calm and reply with kindness. In Jesus' name, Amen.

DAY 5 READ: Ephesians 4:32 (KBC Study Bible, pages 1289)

THINK: When someone is mean to you, it is often hard to forgive them. You may want to get even instead. But God commands in this verse to forgive one another. He says you should forgive others because He forgives you.

PRAY: God, thank You for forgiving my sins. Help me to show the same forgiveness to people who hurt me. In Jesus' name, Amen.

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