

**LESSON 6**  
**“OBEDIENCE”**  
(page 1)



**BIBLE CONNECTION**

Exodus 19-20:1-17 (pages 84-86)

**CHARACTER WORD**

*Obedience* – Doing what I am told to do with a happy, submissive spirit

**TEACHING OBJECTIVE**

I can choose to obey God.

**MEMORY LINK**

**John 14:15**

*“If you love Me, keep My commandments.”*

(KBC Study Bible pg. 1171)

**SUPPLIES NEEDED THIS WEEK**

**GET CONNECTED**

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

**MEMORY LINK ACTIVITY**

Option 1: Index cards, timer  
Option 2: Index cards, straws

**BIBLE CONNECTION**

Resource Item, KBC Study Bibles

**SURF TEAM LEADER**

Memory Link cards, Hang 10 pages, index cards, pens

**MAKE-IT-STICK REVIEW GAME**

Option 1: Index cards, music, tape  
Option 2: None

# God Gives 10 Commandments

## WHAT’S THE POINT?

Obedience is doing what one is told to do with a happy, submissive spirit. When someone obeys, they change their way of thinking, behavior or actions to follow a rule or to someone who is higher in authority. As teachers and parents, we often remind kids the value of having rules and the importance of obeying them.

God gave Israel the 10 Commandments to establish a relationship with His people. The commandments show how people should relate to God and how they should relate to others. He knows what is best for us and His commandments are an expression of love to us, showing how we can be the best we can possibly be.

An important emphasis of this lesson is that the 10 Commandments, along with the rest of the law given to Moses, reveals our sinfulness. In Romans 7, Paul shows that the law reveals the sin in our hearts and shows that people are incapable of obeying the law perfectly. Since none of us can keep the law perfectly, we know that we fall short of God’s standards and know in our hearts that we need help to be rescued in order to have a relationship with God.

## GET CONNECTED

Building relationships in Surf Teams; introducing today’s lesson



*Memory Link cards, Hang 10 pages, index cards, pens, highlighters*

Use the following conversation prompts to get to know the kids in your Surf Team and to introduce today’s lesson.

- *Do you have rules at home that your mom or dad require you to follow? What are some of those rules?*
- *This week our Character Word is obedience. What do you think it means to be obedient?*
- *What are some ways that you obeyed today?*
- *Was there a time when you disobeyed this week?*
- *What are some consequences that you have experienced when you disobeyed?*



Guide students to locate and mark today’s Bible Connection and Memory Link in their Bibles so they can find the pages quickly as directed in the session.

## Worship Tip

Kids come to club excited and happy to be around friends, some of whom they may not see throughout the day. Before singing, remind them that we sing not just to have fun and get energy out, although many songs are that; instead, we sing to praise the Lord of the universe, celebrating His name and what He has done in our lives. Prompt the kids to sing in such a way that they are worshipping the Lord.

## MEMORY LINK



Teaching a Bible verse to students; helping them memorize the verse.

No supplies needed

### Focus on the Bible

Ask the kids to hold their Bibles high in the air. Count how many kids brought a Bible. *Today's memory link is in the New Testament book of John. John is one of four books that tell about the life of Jesus and together form the gospels (Matthew, Mark, Luke and John). The gospel of John tells us many of the sayings and commands of Jesus. Jesus taught people to obey God so that they would have a better life. Today's Memory Link tells us that when we obey God's rules and Jesus' commands, we show that we love God.*

### Focus on today's Memory Link

Instruct the kids to open their KBC Study Bibles to John 14:15 (KBC Study Bible page 1171). Ask a volunteer to read the verse aloud. *This verse tells us that when we obey, it matters. It's not something we can do selectively because obedience is a way that we show love. When we obey our parents, we show that we respect and love them. It's also a way we can show a high regard for our parents and teachers. This is probably a different way of looking at rules and commands, but this is the truth. When we choose obedience, we please the one we're obeying. At the same time, we show that we respect and love them enough to obey.*

### Option 1 - BIBLE VERSE SCRAMBLE

Timer, index cards

Write each word of the Memory Link verse on an index card. Give one card to each child. Ask the kids to scramble or wander around holding their card. On your signal, ask them to come back together and work to put the verse in order. Time the kids as they work together. Repeat the scramble several times as they seek a faster time and are able to recite the verse without looking at the cards.

### Option 2 - STRAW RELAY

Straws, index cards

Cut drinking straws in half (approximately 4-inch pieces), and give one to each child. Wide straws are best. Write each word of the Memory Link verse on an index card. As a relay race, each team member must pick up a card with the end of their straw by sucking in air through it to keep the suction on the card. Once they are able to pick it up they must carry the card back to their team. The first team to bring back all of their cards and assemble them in memory verse order wins.

## LESSON 6 "OBEDIENCE" (page 2)

### John 14:15

*"If you love Me, keep My commandments."*

*(KBC Study Bible pg. 1171)*

### Teaching Tip

Beach Club begins when the first child arrives. It's tempting to talk and catch up with our co-leaders, but we must resist the urge to do so. Make sure someone greets each student by name, give high fives and talks with them the moment they arrive. Sometimes it can make the difference between that child having a good experience or a bad one.

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

## BIBLE CONNECTION



## LESSON 6 "OBEDIENCE"


(page 3)

Teaching today's Character Word through gospel-centered Bible story.

Resource Item: 10 Commandments bookmarks, KBC Study Bible

### Introduce the Story

Illustrate the Character Word, obedience, by inviting several kids up front to play a hopping game. Give very little instruction and say, "OK, everybody hop." After they hop a bit, stop and say, "Who won?" They will answer that no one won since the object or the rules of the game were unknown. Then, set up a finish line and instruct them to race each other as they hop to the finish line and back. Afterwards, talk with the children: "How did knowing the rules help? Was it better playing with rules or without?" When God gives rules to live by He is doing it to help us, not to harm us. God's rules help us live a happy, successful life, just as rules for games help us have a happy, successful time together.

 Invite kids to open their KBC Study Bibles to Exodus 19 (page 84) and follow along as you tell the story.

### Exodus 19:1-6

In our Bible story for today, God had just rescued the Israelites from Egypt where they had been slaves. He brought them through the Red Sea, escaping the Egyptian army, and then brought them to camp at Mount Sinai just as He promised Moses at the burning bush. Once there, He summoned Moses up the mountain to give him instructions. Listen for today's Character Word as I read you part of what God said to Moses. Read Exodus 19:4-5 (page 84) aloud.

### Talk About It

What happens at your house when you obey? (you get praised or rewarded) God told Moses that if the Israelites will obey Him and His rules, they will become His "treasured possession." They will have special value to Him. He had already graciously rescued them and brought them to this mountain, and now He wants their relationship with Him to be more personal.

### Exodus 19:7-9

Having heard from the Lord, Moses went back to the people and told them what He said. How did the people respond? Ask a volunteer to read Exodus 19:8 (page 84) aloud. The people were ready and willing to obey everything the Lord said. They committed to follow the Lord God who rescued them from slavery.

### Memory Link Connection

God does not give us rules because He is uncaring, nor does He demand obedience as a rigid standard. God calls us to obey because through obeying His commands, we show our love for Him. Recite the memory link verse with me: "If you love Me you will keep My commands." (John 14:15). Just like our parents see obedience as an act of love and respect, so our obedience to God shows that we love and trust Him.

### Exodus 19:10-25

Now, the Israelites were ready to hear from the Lord. They bathed and washed their clothes and set themselves apart for this special opportunity. They also put limits around the mountain so no one got too close to it. They were, after all, about to hear from their powerful, holy God. And then, they experienced something amazing. Ask a volunteer to read Exodus 19:16-18 (page 85) aloud. God called Moses up to the top of the mountain and gave him His Law, the Ten Commandments.

**Teaching Tip**

As you teach, walk around the group with Bible in hand. Often, when kids are disruptive or talking, they will settle down when you walk around them as you continue to teach. Consider placing visuals around the room that you can pick up and refer to as you walk and teach.

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**Exodus 20:1-17**

Pass out the 10 Commandment bookmarks. *These commands give us the spoken word of God. They are also the foundation to many of our other laws. The first four commandments show us how to act toward God and the remaining six commandments tell us how to get along with other people. All of them instruct us how to live a life that is not focused on ourselves. These commands lead us to act in ways that will please and obey God.*

**Talk About It**

*Now, why did God give these laws to Moses? Was it because He is a mean God who looks down and shakes His finger and says “no, no, no” all the time? Not at all! God gave Moses these laws so that the people could understand who God is. He is a holy God who wants His people to show others what He is like. The Bible also tells us that God’s commands (also expressed as the Law) show us what sin is (see Romans 7:7, page 1237). It tells us that we fall short of God’s standards. No one needs to tell us that it’s impossible to obey the 10 Commandments perfectly. We know this from our own experience and failings each day. God’s commands show us that we need help, and that we need the gospel so that we can have a relationship with our Heavenly Father.*

**Application**

*Obedience is one of the first things children learn in life. You might get tired of your parents constantly talking about obeying their rules, but it prepares you for life. Teens and adults who don’t obey God and people in authority are not happy people. This week, look for ways to show God obedience.*

**Gospel Connection**

*Obedience to God’s commands not only leads to a better life, it also leads us to overcome our greatest need and become one of God’s children. God wants everyone to have a special relationship with Him. However, we can’t have a special relationship with Him because of the things we do wrong; the Bible calls this sin. God’s plan was to send Jesus into the world to live a perfect life and to make a way for us to have an eternal relationship with Him. When we invite Jesus to become our forever friend, then God makes us one of his children. The Bible says that to do this we must first ADMIT that we’re sinners and ASK Jesus to forgive our sins. We must BELIEVE that Jesus’ sacrifice on the cross paid the price for those sins. Finally, we must CHOOSE TO FOLLOW Jesus by confessing Him as Savior and allow Him to be the Lord of our lives.*

Invite students wanting to know more about praying to ask Jesus to be their forever friend to move to the designated counseling area to talk with a leader one on one. Be sure to have all the decision supplies available.

**Teaching Tip**  
Point out the tip-in page “The Ten Commandments” (before page 243). Explain that this list paraphrases each of the Ten Commandments God spoke to Moses.

**Teaching Tip**  
Use caution when teaching obedience. Obeying God is not a way to earn salvation. Salvation is only available as a free gift for those who place their faith in Jesus.

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**Gospel Tip**  
When talking with a child about the gospel, look for understanding beyond the facts. It’s easy for the kids to restate the truth of the gospel, remember Bible verses or recite the A-B-Cs. Those are important foundational truths. But look past the facts to the heart of the child. Does the child express a personal need for a Savior? Do you observe conviction of sin and a heart of repentance? There is a difference between knowing facts about Jesus and choosing to follow Him with your whole heart for life.



**LESSON 6**  
**"OBEDIENCE"**  
*(page 5)*

**SURF TEAM TIME**

Connecting with kids in small groups; applying today's Bible Connection and Character Word.

Memory Link cards, Hang 10 pages, index cards, pens

**Gospel Connection**

Before you begin, ask if there are any students who would like to talk with the Bible connection leader about praying to ask Jesus to become their forever friend. If so, let them go to the designated area.

**Today's Lesson**

- What questions do you have about today's story?
- Why did God give us His 10 Commandments?
- Why is obedience so important?
- What did you learn about obeying God?
- Name a way you can obey God.

**Use the Bible** 

Give each child a Memory Link card. Review today's Memory Link and Character Word. Guide kids to use cards to mark today's story in their KBC Study Bibles. Lead them to highlight today's Memory Link.

**Hang 10 Pages**

Give each child a Hang 10 page. Challenge kids to hang out with God 10 minutes each day by praying and reading the Bible, using the Hang 10 page as a guide. Encourage kids to bring back their Hang 10 page next week.

*Let's look at Day 5. Turn to page 1122 in your KBC Bible and let's read Luke 10:27 together. Call on a student to read the THINK section. Wow! We can be obedient by loving God with everything we are and by loving others.*

**Pray**

Give each kid an index card and a pen. Encourage them to write a prayer request on the card. Ask volunteers to share what they wrote on their cards. Lead the kids in prayer.

*God, help us to obey our parents and teachers, especially when it's hard. Thank You that You loved us enough to give us rules to follow. May we trust that Your way brings out the best in us. In Jesus' name, amen.*

**Teaching Tip**

Look students in the eyes as they share answers to your questions. Avoid looking at your lesson for the next question until the child has finished sharing. By looking at them as they answer, you are communicating that you care and that they are important. You will find that kids will connect with you by sharing about their lives, and by being willing to listen as you share biblical truths.

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

## MAKE IT STICK - REVIEW GAME

Game to review today's Bible Connection & Character Word.



## LESSON 6

# "OBEDIENCE"

(page 6)

### Option 1 - MUSICAL COMMANDMENTS

Index cards, music, tape

Write numbers 1-10 on index cards. Create a set for each Surf Team. Tape the numbered cards on the floor in a circle. Ask each child to stand on a number. Play music and encourage the kids to walk around the circle, stepping on the next number as the music plays. Stop the music and call out a number. The child standing on the number called gets an opportunity to answer a review question. For an extra challenge, ask the child to quote the commandment of that same number.

### Option 2 - TAKE 10

No supplies needed

Instruct pairs to interlock their elbows and take 10 steps forward, then turn around and take 10 steps back. When they return to the starting point, ask them a review question. Change it up by adding more kids to join the pairs on the walk. You can also ask them to hop, jump, skip or run the 10 steps.

### REVIEW QUESTIONS

1. *In what book of the Bible is today's memory link? (John)*
2. *Who went to the top of the mountain to talk to God? (Moses)*
3. *What did God give Moses on top of the mountain? (10 Commandments)*
4. *Why did God give us the Ten Commandments? (To know Him better, to live a happy life, to reveal sin)*
5. *What is today's Character Word? (Obedience)*
6. *What does obedience mean? (To do what I'm told with a happy, submissive spirit)*
7. *"If you \_\_\_\_\_ Me, \_\_\_\_\_ My commandments" (Love, keep)*
8. *The first four commandments help us know how to relate to whom? (God)*
9. *The last six commandments help us know how to relate to whom? (Others)*
10. *Name one way you can obey God.*

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**“If you love  
Me, keep My  
commandments.”**

John 14:15

