

LESSON 9
“HUMILITY”
(page 1)



BIBLE CONNECTION

Judges 13-16 (pages 269-274)

CHARACTER WORD

Humility – Opposite of prideful, arrogant, and conceited

TEACHING OBJECTIVE

I can serve God with humility.

MEMORY LINK

James 4:10

“Humble yourselves in the sight of the Lord, and He will lift you up.”

(KBC Study Bible pg. 1343)

SUPPLIES NEEDED THIS WEEK

GET CONNECTED

None

MEMORY LINK ACTIVITY

Option 1: Index cards, buckets

Option 2: Index cards

BIBLE CONNECTION

Posters, resource item

SURF TEAM LEADER

Memory Link cards, index cards, pens, Hang 10 pages

MAKE-IT-STICK REVIEW GAME

Option 1: Cups, bean bags

Option 2: Hula hoops, foam noodles

Samson Breaks God’s Rules

WHAT’S THE POINT?

When was the last time you heard someone described as a humble person? It’s not a character trait we often use to describe people. In fact, when asked to define humility, most people will better be able to tell what humility is not rather than what it is.

A humble heart has God at its center. It aligns every thought and decision with God’s will. That kind of thinking is contrary to the world. The world says you deserve fun, excitement, and your heart’s desire. The world says humble people are those with low self-esteem and get used. But the biblical view of godly humility is Jesus Christ. It was Jesus’ humility which led Him to pray, “not My will but Yours.” That is the kind of humility we should seek to apply to our lives and live out so that others can see our example.

Samson was focused on himself. He prayed selfish prayers. Instead of following God’s plan for his life, he went his own way. He was prideful, arrogant and conceited. He broke God’s rules instead of serving God with humility.



GET CONNECTED

10-15 Minutes – Building relationships in Surf Teams; introducing today’s lesson

No supplies needed

Use the following conversation prompts to get to know the kids in your surf team and to introduce today’s lesson.

- *The character word today is humility. Can you look in your KBC Bible to find the definition of humility?*
- *Have you seen someone act in an arrogant or conceited way?*
- *If you play a game with someone and you win the game, describe your response to winning while arrogant, conceited or boastful. Now describe your response to winning with humility.*



Guide clubbers to locate and mark today’s Bible connection and memory link in their Bibles so they can find the pages quickly as directed in the session.

Worship Tip

KiDs Beach Club® is the only place that some of the kids will learn how to worship God. They may not attend church or have parents who teach them about worship. Worship is the act of assigning to God His true worth. Try your best as a leader to teach how to worship as you lead. Help the kids understand that worship is focusing on God only. Being humble before God is a great start. Worship requires us to concentrate on and sing to Him.

MEMORY LINK



LESSON 9 "HUMILITY" (page 2)

Teaching a Bible verse to clubbers; helping them to memorize the verse

No supplies needed

Focus on the Bible

If you brought your Bible today, hold it up high. The verse today comes from one of the books close to the end of the Bible. Does that put it in the New Testament or the Old Testament? Yes, it is the New Testament. Our verse comes from the book of James. Let's all turn to the book of James (page 1340). Follow along with me as I read the Bible Explorers section at the top of the page so we can find out more about James.

Focus on today's Memory Link

Listen for the character word as I read the memory link. Read James 4:10 aloud. Humble- what does that mean? Ask 2-3 volunteers to act out the opposite of humble, which is conceited, proud and arrogant. Now, being proud of yourself for a job well done is not a bad thing. It becomes bad when you put yourself above all others, especially God. The Bible tells us how to be and act before God. It says to be humble in the sight of God. When you are humble before God, He will honor you.

Option 1 - BUCKET BRIGADE

Index cards, bucket

Prepare

Form teams. Tell each team to line up single file across the room from the bucket. On "go," instruct the first child in each line to run to the team bucket, find the first word of the verse, place it on the floor next to the bucket, then run back to the team. The next child will run to the bucket, find the second word and place it next to the first word. The child who finds the bucket empty will read the verse aloud then place the cards back in the bucket. Play as many rounds as time permits.

Option 2 - AS YOU GO

Index cards

Prepare

Write the following actions on separate index cards: hop, skip, walk backwards, fast walk, dance.

Direct the clubbers to sit in a circle. Explain that each clubber will take a turn selecting a card with an action written on it. They will then walk around the outside of the circle saying the memory link while doing the action written on the card they selected. If your group is large, encourage kids to select a partner and complete the walking and reciting around the circle together.

James 4:10

"Humble yourselves in the sight of the Lord, and He will lift you up."

(KBC Study Bible pg. 1343)

Teaching Tip

Have fun as you lead the kids in a game or activity. Engage with them and tune in to what's going on. The kids can tell if you are enjoying playing with them. When you do, the clubbers will have more fun and will be more apt to listen to your teaching as a result of a stronger relationship.

BIBLE CONNECTION



Teaching today's character word through a gospel-centered Bible story

Humility Posters, Resource Item

Prepare

Print posters 1, 2 and 3 (two-sided). Print posters 4, 5 and 6 (one-sided)

Judges 13

Ask students to open their Bibles to Judges 13:1 (KBC Study Bible page 269) and read the verse with you. *Because the Israelites were not following God, God let their enemies, the Philistines, come in and rule over them. One day an angel of the LORD came to an Israelite woman and told her that she would have a son. This son would be special. He would eat and drink only certain foods and he must never cut his hair. She told her husband and he was very thankful. The woman bore a son and called his name, Samson. He grew and the LORD blessed him.*

Judges 14-15

As Samson grew up he had great strength. The Bible tells us he was so strong he was able to kill a lion with his bare hands. Another time, Samson killed 1000 Philistines. Once the Philistines tried to trap Samson inside a city by locking the city gates. Samson escaped by picking up the huge gates and walking away. The Philistines didn't like Samson and Samson didn't like them. Then Samson began to follow only some of God's commands.

Talk About It

From the way Samson acted it seems he was thinking - Hold up Poster 1 and read aloud: I want to do things my way. Does this sound like a humble person? No, he did not humble himself in the sight of God.

Judges 16:1-9

There was a girl Samson especially liked, her name was Delilah. The Philistines noticed this and they came to Delilah and offered her a lot of money to find out how to defeat Samson. Delilah decided she wanted money more than Samson and she set out to learn the secret of Samson's strength. She said, "Tell me what makes you so strong." "Tie me with seven bowstrings and I'd no longer be strong," Samson told her. Delilah arranged for the Philistines to hide in the next room while she tied Samson up using seven bowstrings. But when she shouted, "The Philistines are coming, Samson!" Samson easily snapped the bowstrings and got away.

Talk About It

I wonder what Samson was thinking? Maybe something like one of these? (Hold up Poster 2 and read aloud: Strength is enough. Hold up Poster 3 and read aloud: Nothing can hurt me. Look at these three posters. Do you see humility in these thoughts? No, me neither. When we think this way, it is. Turn posters over to show capital letters I, S, N. I think these letters tell me what the problem is — Hmmmm, what is it? Rearrange the posters to spell SIN. Yes, when our thoughts leave God out, the problem is SIN. Sin always has consequences. Listen to what happened next.

Teaching Tip

As you teach, walk around the room. Often, when kids are disruptive or talking, if you will walk near them as you continue to teach, they will settle down. You can place visuals for your story around the room or at different surf teams. As you walk, pick them up and refer to them.

Judges 16:10-22

Two more times Delilah tried to find out Samson’s secret. Once Samson told her new ropes was the way to keep his strength away, and another time he told her to weave his hair in a loom. Each time, Delilah hid Philistine men and called them to come and get Samson and each time Samson got away. Finally Delilah nagged and cried so much that Samson told her the real truth. “Cut my hair and I will lose my strength,” he said. And that is just what she did. She waited until Samson fell asleep, then she cut his hair. This time when she yelled Samson was weak and easily caught. His enemies bound him and took him away. They wanted to hurt Samson so they blinded him, put him in chains and locked him in prison.

Talk About It

Sin really caused Samson problems. Stop and look at the posters again. Hold up and read Poster 1: *I want to do things my way. Where did doing things his way get Samson? He ended up blind, in chains, and in prison.* Hold up and read Poster 2: *Strength is enough. Samson’s strength didn’t last. He disobeyed God.* Hold up and read Poster 3: *Nothing can hurt me. Turns out Samson could be hurt. When He didn’t follow God’s rules bad things happened to him.*

Gospel Connection

Lack of humility, that is, being prideful, arrogant, and conceited, was sin on Samson’s part. He chose his way not God’s way. We do the same thing. That is why God sent Jesus. Jesus came to take care of the problem of sin.

Poster 1: *Sin hurts me and I have sin — I must ADMIT I sin.* Place the letter A over Poster 1.

Poster 2: *Strength is enough — We need the strength of Jesus. We must BELIEVE that Jesus is the Son of God and that He died for our sin and rose again.* Place the letter B over Poster 2

Poster 3: *I want to do things my way — My way doesn’t work. We must CHOOSE to follow Jesus. I need Jesus to take care of my sin.* Place the letter C over Poster 3.

Invite children wanting to know more about becoming a Christian to move to the designated area to meet with a leader one on one.

Application/Transition

In prison, in chains, blind and alone, Samson prayed to God to restore his strength. But he asked God to do that so he could have vengeance on those who hurt him. On the cross, in pain and about to die, Jesus prayed for God to forgive those who hurt Him. Jesus showed humility. He is our example.

Gospel Tip

When talking with a child about the gospel, look for understanding beyond the facts. It’s easy for kids to restate the truth of the gospel, remember Bible verses or recite the A-B-Cs. Those are important foundational truths. But look past the facts to the heart of the child. Does the child express a personal need for a Savior? Do you observe conviction of sin and a heart of repentance? There is a difference between knowing facts about Jesus and choosing to trust Jesus as Savior and make Him Lord.

Teaching Tip

Today’s gospel connection involves placing the letters A, B, C on top of the posters used in the story telling. Props, like these posters, can enhance the lesson but can also distract if you are not well prepared. Practice ahead of time. Place the posters close by so they are easily accessible.

SURF TEAM TIME

Connecting with kids in small groups;
applying today’s Bible Connection and Character Word



Memory Link cards, Hang 10 pages, index cards, pens

Gospel Connection

Before you begin, ask if there are any clubbers who would like to talk with the Bible Connection Leader about praying to ask Jesus to become their Forever Friend. If so, let them go to the designated area.

Today’s Lesson

- What questions do you have about today’s story?
- What did Samson do that led to problems?
- Let’s talk about humility. How is being proud of yourself different than being conceited?
- Why should we humble ourselves before God?
- How did Jesus show humility?

Pray

Hand out index cards and pens. Encourage kids to write their prayer requests. Gather the cards and use them to lift up each child’s request to the Father.

Father God, Thank You for showing me the way to live. Thank You for the Bible and for helping me to learn to live like Jesus. In His name, Amen.

Use the Bible

Give each child a memory link card. Review today’s memory link and character word. Guide kids to use cards to mark today’s story in their KBC Study Bibles. Lead them to highlight today’s memory link.

Hang 10 Pages

Give each child a Hang 10 page. Challenge kids to hang out with God 10 minutes each day by praying and reading the Bible, using the Hang 10 page as a guide. Encourage kids to bring back their Hang 10 pages next week.

Look at Day 4. Let’s read 1 Corinthians 10:23-24. Can you think of something you can do for the well-being of a family member? That’s a way to practice showing humility.

Teaching Tip

Look clubbers in the eyes as they give answers to the questions you ask. Avoid looking at your lesson for the next question until the child has finished answering. By looking at them as they answer, you are communicating that you care about them. You will find that the kids will connect with you by trusting you with what is going on in their lives, and by being willing to listen as you share the Biblical truths.

MAKE IT STICK - REVIEW GAME

Playing a game to review today's Bible Connection and Character Word



Option 1 - KNOCK IT DOWN

Cups, bean bags

Divide your surf team into two teams and play within the group. Build a pyramid using 6 cups. Give each group a beanbag. The first player in each group will answer a review question. If the answer is correct, the clubber may throw the beanbag in an attempt to knock down the cup pyramid. Award a point for each cup knocked down. Players will move to the back of the line after each turn, allowing the next child to answer a question and play. The team with the most points at the end of play wins.

Option 2 - SHOOT THE HOOP

Hula hoops, foam noodles

Direct kids to form groups in single file lines. Give each group a hula hoop and foam noodles. Encourage each group to assign a clubber to hold the hula hoop up in the air across from their team's line and assign a clubber to retrieve the noodles. On "go" allow the first clubber in each line to throw the noodles through the hula hoops. The team that gets the most noodles through the hula hoop gets to answer a review question.

REVIEW QUESTIONS

1. *What is the character word today? (Humility)*
2. *From which part of the Bible did our story come? (Old Testament)*
3. *What was the name of the man in our lesson? (Samson)*
4. *Who were the enemies of God's people? (Philistines)*
5. *Samson is known as a man who was very _____. (Strong)*
6. *Name something Samson did that showed he was very strong. (He killed a lion with his bare hands, he killed 1000 Philistines, he carried the city gates away)*
7. *What did Delilah want to find out about Samson? (Why he was so strong, how to take away his strength)*
8. *Name a word that is the opposite of humble (arrogant, prideful, conceited)*
9. *In what book of the Bible is our memory link? (James)*
10. *What happens to people who humble themselves in the sight of the Lord? (He will lift them up.)*



***“Humble yourselves
in the sight of
the Lord, and
He will lift you up.”***

James 4:10

KBC Study Bible page 1343

