# LESSON 1 "CONFIDENCE" (page 1)



# **BIBLE CONNECTION**

Mark 4:35-41 (page 1078)

# CHARACTER WORD

<u>Confidence</u> – Trust; a feeling of assurance or certainty

# **TEACHING OBJECTIVE**

I can have <u>confidence</u> in Jesus' power.

# **MEMORY LINK**

# Mark 4:41b

"Who can this be, that even the wind and the sea obey Him!" (KBC Study Bible pg. 1078)

#### SUPPLIES NEEDED THIS WEEK

GET CONNECTED Beach ball, Memory Link cards, index cards, pens, highlighters

#### MEMORY LINK ACTIVITY Option 1: Beach balls Option 2: None

# BIBLE CONNECTION

SURF TEAM LEADER Memory Link cards, Hang 10 pages, index cards, pens

MAKE-IT-STICK REVIEW GAME Option 1: Music, painters' tape, paper. Option 2: Sponge ball, six paper cups

# **Jesus Calms the Storm**

# WHAT'S THE POINT?

This is the first Beach Club session for the new school year. For many children, this will be their first experience in Beach Club. Take time to explain each part of club for your new clubbers. Tell them we will teach them how to pray if they don't know how. This lesson is foundational in a person's understanding of who Jesus is. Many children struggle with fear... my dad lost his job, my parents got divorced, my grandparent died, will I pass fourth grade? Understanding Jesus' power can help them understand they can place their <u>confidence</u> in Jesus. Begin praying now that the kids in your club will become fully devoted followers of Christ.

# **GET CONNECTED**



Building relationships in surf teams; introducing today's lesson

Beach ball, Memory Link cards, Hang 10 pages, index cards, pens, highlighters

Since today is the first club for this year, allow the kids to share some things about themselves so you can get to know them. Introduce yourself and let them know how happy you are they chose to come to Beach Club. Invite them to bring their friends next week!

Invite the kids to sit in a circle and toss the ball around the group while counting 1, 2, 3. Whoever has the ball on the count of 3, gets to answer the questions next. Continue until every child has answered or until time is called.

- What is your name and how many people live in your house with you, including pets?
- What is your favorite way to have fun?
- Ask if any of the students came to Beach Club last year.
- Find out how many students have a Bible and encourage them to bring it every week.
- Introduce the Character Word and let them know we will teach them a different character word each week and how we can apply it in our lives.

Show clubbers that each week we will locate and mark today's Bible Connection and Memory Link in our Bibles so we can find the pages quickly as directed in the session. Also, don't assume children know how to pray. Take time to explain to children how to pray.

# **WORSHIP TIME**

10 MINUTES

Pointing hearts toward God

Since it is your first club, consider only doing one song today. Take time to teach the kids what the song means and maybe share a scripture verse that goes along with the song. Teach them that clapping, dancing, etc. are all ways to express our worship to God.

Optional song choice: "Praise You in this Storm" by Casting Crowns

# **MEMORY LINK**

10 MINUTES

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2 Minutes – Teaching the Bible verse to clubbers 8 Minutes – Activity to help them memorize the verse

No supplies needed

#### Focus on Today's Memory Link 📖

Today we will talk about <u>confidence</u>. Who can tell me what <u>confidence</u> means? (trust, a feeling of assurance, certainty) Raise your hand if you have ever had a time that made you feel unsure, nervous or afraid. Do you ever get scared during a thunder storm? In today's Bible story, you will learn that Jesus has power over nature. You can have <u>confidence</u> in Jesus and His power.

Read Mark 4:41b from the KBC Study Bible on page 1078. The disciples were what? They were terrified. They were in a boat on the water in a storm! What did they ask each other? Who is this? They realized that Jesus had power over nature. He had the power to say to the storm, "Peace, be still!" and the wind and waves obeyed! Let's memorize the verse as we act like we are in a boat.

# **Option 1 – ROUGH WATERS... ROCK THE BOAT**

#### Beach ball for each surf team

Invite each surf team to sit in a circle. Ask the kids to begin swaying from side to side (all leaning to the right and then the left) as if they were sitting in a rocking boat. As they sway, begin to pass the beach ball around the surf team circle. The surf team leader can interrupt by saying, "Peace, be still!" At that point the kids must stop moving and then say the verse together. Then they can resume swaying and passing the beach ball. Repeat until time is called.

# **Option 2 - ROUGH WATERS... DO THE WAVE**

#### No supplies needed

Invite each surf team to stand with their group, facing the front. Ask the kids to do the wave from one surf team to another. One person raises his/her hands above their head, then lowers them. The person on the right will do the same and so on. Once the wave has gone around the room a few times, the memory link leader can interrupt by saying, "Peace, be still!" At that point, the kids must stop moving and then say the verse together. After they have said the verse they can resume the wave. Continue playing until time is called.

#### Mark 4:41b

"Who can this be, that even the wind and the sea obey Him!" (KBC Study Bible pg. 1078)

# Worship Tip

KBC desires that our partnering churches sing the same songs in Beach Club that are sung in their children's worship. However, if you need assistance, we will provide song choices in almost every lesson. Remember when choosing songs to keep them age-appropriate for preteens and ask yourself what a fifth or sixth grader would like.

# Bible 101 📖

Encourage students to bring their Bible to Beach Club each week. If they do not have one, they can share with others that do until they get their very own KBC Study Bible on Great Treasure Day.

# **BIBLE CONNECTION**



Teaching today's Character Word through a gospel-centered Bible story

#### No supplies needed

#### Set the Stage

The Bible story today took place on the Sea of Galilee with Jesus and the twelve disciples. The disciples were Jesus' closest friends who personally spent a lot of time with Him and learned from Him. Jesus had been speaking to a huge crowd along the shore. When all the people had left and they were alone, Jesus took time to explain to His disciples all the things He had shared with the crowd. Then, evening came. Jesus wanted all of them to get in the boat and go to the other side of the Sea of Galilee. Let's see what the Bible says happened next.

# Tell the Story

This story is found in the New Testament. If you brought your Bible, turn with me to the book of Mark, chapter 4. If you are unsure where to find Mark, look in the table of contents at the front of your Bible. If you have a KBC Study Bible, turn to page 1078. If you don't have a Bible, we will give you one in a few weeks on what we call Great Treasure Day.

In a moment I'm going to read verses 35-41. Jesus and His disciples are going to act out this story as I read it so listen carefully. Read from your KBC Study Bible or dramatically tell the story in your own words.

On the same day, when evening had come, Jesus said to them, "Let us cross over to the other side." Now when they had left the multitude, they took Him along in the boat as He was. And a great windstorm arose, (start rocking back and forth) and the waves beat into the boat, so that it was already filling. (Start panicking because the boat is filling up. Pretend you're scooping out the water.) But Jesus was in the stern, asleep on a pillow! (tell Jesus to snore) And they awoke Him (wake Jesus up), and said to Him, "Teacher, do You not care that we are perishing?" (Jesus, we're dying! Don't you care?) Then Jesus arose and rebuked the wind, and said to the sea, "Peace be still!" (Very <u>confidently</u>) And the wind ceased and there was a great calm. Wow. I would say Jesus spoke with great authority and <u>confidence</u>.

But Jesus said to them, "Why are you so fearful? How is it that you have no faith?" And they feared exceedingly, and said to one another... Let's say our memory verse together... "Who can this be, that even the wind and the sea obey Him!"

Thank you guys. Great job! What if you were actually in a boat in a storm? How would you feel? (scared, etc.) Do you think the disciples had the same <u>confidence</u> Jesus did? No. The Bible said the disciples were fearful, or terrified of the storm. While they were afraid, what was Jesus doing? (sleeping) Would you have <u>confidence</u> in knowing you would be okay? Neither did the disciples. And what did Jesus do? (He calmed the storm.) Jesus proved to the disciples that he had power over the storm.

# As You Prepare

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Be prepared to pick 12 boys to be the disciples and 1 boy to be Jesus. Ask them to sit side-by-side as if they were in a boat. Then ask "Jesus" to go to the front of the boat and lay down and pretend to be asleep. Consider making extra copies of this lesson and use it as a script and highlight each speaking part.

#### Application

You can be <u>confident</u> that Jesus has power over the storms in your life, too. A storm you may face could be a time when you are very scared, or you are facing a big problem, or your parents are fighting and you don't know what to do. When you put your trust in Jesus, you can be <u>confident</u> that He has the power to take care of you and help you. Just like the disciples cried out to Jesus, you, too, can call out to Him in prayer and He will hear you.

#### Gospel Connection

The disciples knew Jesus. They were His friends and His followers. They asked Jesus for help when they were afraid. They had a relationship with Him. You can have a relationship with Him as well. When you have a personal relationship with Jesus you can go to Him and <u>confidently</u> ask Him for help.

But in order to have a relationship with Jesus, you must realize and admit that you have sin in your life. Sin is anything you say, anything you think or anything you do that breaks God's laws and make Him sad. The Bible tells us we have all sinned. There's no one perfect. The Bible also tells us that our sin separates us from God. But God loves us. The Bible tells us in John 3:16 that God loves us so much that He gave His one and only Son, Jesus, to die in the place of our sins and that whoever believes in Him will live with Him forever. Jesus wants to be your forever friend!

I want to share with you what we call the A-B-Cs of inviting Jesus to come into our life. Simply ADMIT (or tell Jesus) you're a sinner, ASK Jesus to forgive your sin and come into your life. Next, BELIEVE that Jesus is the Son of God and He died for your sin. Then CHOOSE TO FOLLOW Jesus. If you have never done this before and you want to know more about inviting Jesus to be your forever friend, then please come talk with me after I pray.

Invite children wanting to know more about becoming a Christian to move to the designated counseling area to talk with a leader one on one. Be sure to have all the decision supplies available.

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# Gospel Tip

We are excited that you have chosen to partner with KiDs Beach Club® to take the gospel into this public school. Make sure you have all the decision supplies you need to effectively lead a child to Christ and send them home with information. For more information see pages 27-30 in the KBC Leadership Manual Volume 2: Beach Club Essentials.

# SURF TEAM TIME



Connecting with kids in small groups; applying today's Bible Connection and Character Word

#### Memory Link cards, Hang 10 pages, index cards, pens

#### Today's Bible Lesson

- Before you begin, ask if there are any clubbers who would like to talk with the Bible Connection leader about praying to ask Jesus to become their forever friend. If so, let them go to the designated area.
- What questions do you have about today's story?

# Use the Bible 🛄

Review today's Memory Link and Character Word. Guide kids to use cards to mark today's story in their KBC Study Bibles. Lead them to highlight today's Memory Link.

# Hang 10 Pages 📖

Give each child a Hang 10 page. Challenge kids to hang out with God 10 minutes each day by praying and reading the Bible, using the Hang 10 page as a guide. Encourage kids to do the Weekly Challenge and bring back their Hang 10 pages next week for a time of discussion.

- Take time to explain the Hang 10 page. Let them know you want them to bring it back to Beach Club each week.
- Look at Day 4 of the Hang 10. Read John 3:16 (KBC Study Bible, page 1151) God loves us so much that He sent His one and only Son, Jesus, to die on a cross for my sins. The Bible tells me if I believe in Jesus, I can have eternal life.
- Turn in your KBC Study Bible to the tip-in pages, "Spending Time with God" between pages 242-243.

#### Pray

Give the kids a few minutes to share their prayer requests or write them on index cards. Ask a child to lead the group in prayer. Take the cards home and remember to pray for the kids in your surf team this week.

Jesus, I thank You that I can have <u>confidence</u> that You are able to help me when I am afraid or facing a problem. Thank You for loving me. In Jesus' name, Amen.

# **Connection Tip**

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As parents register their children for Beach Club using the paper form, make sure all the forms are entered into KOMS before the next Beach Club. If parents register online, simply look at the section for Kids Awaiting Approval and follow the instructions in the KBC Leadership Manual, Volume 3: Record Keeping Made Easy to find out how to activate them.

# **MAKE IT STICK - REVIEW GAME**



Playing a game to review today's Bible Connection and Character Word

#### **Option 1 - PLAY BALL!**

Music, four strips of painters' tape, four slips of paper

#### Prepare

Label the strips of tape 1-4. Write the numbers on the slips of paper. Place each long strip of tape in four different locations on the floor to represent four boats.

Play music and ask the kids to walk around the four boats. When the music stops, instruct the kids to choose one of the boats (strips of tape) to stand on. Draw one of the slips of paper. The group standing on the boat with that number gets to answer the question. Continue this process until all questions have been asked or until time is called.

#### **Option 2 - TUMBLING CUPS**

Sponge ball, six paper cups

#### Prepare

Stack paper cups in a pyramid.

Guide surf teams to line up several feet away from the stack of paper cups. For each review question answered correctly, kids get a turn to toss the sponge ball and try to knock over the paper cups. Kids earn two points for each cup knocked over. Kids earn an extra 10 points if all six are knocked over. At the end of play, calculate points and declare a winning team. Tip: this game works best when cups are on a table or desk rather than on the floor.

#### **REVIEW QUESTIONS**

- 1. What is today's Character Word? (Confidence)
- 2. What does "confidence" mean? (Trust, a feeling of assurance or certainty)
- 3. In what part of the Bible is our story found? (New Testament)
- 4. Recite today's Memory Link? ("Who can this be, that even the wind and the sea obey Him!" Mark 4:41b)
- 5. In the Bible story, what did the disciples say to Jesus when they went to wake him up? ("Teacher, do you not care if we are perishing?")
- 6. What did Jesus say to the wind and the waves? ("Peace, be still!")
- 7. What is it called when we say and do things against God's will? (Sin)
- 8. Who does sin separate us from? (God)
- 9. What can people have <u>confidence</u> in? (Jesus' power)
- 10. How can a kid show confidence? (Responses will vary)
- 11. If you want a friend at school to learn about the Bible where can you invite them to come? (KiDs Beach Club<sup>®</sup>!)

# "Who can this be, that even the wind and the sea obey Him!"

