

LESSON 1
"CONFIDENCE"
(page 1)



BIBLE CONNECTION

Mark 4:35-41 (page 1078)

CHARACTER WORD

Confidence – Trust; a feeling of assurance or certainty

TEACHING OBJECTIVE

I can have confidence in Jesus' power.

MEMORY LINK

Mark 4:41b

"Who can this be, that even the wind and the sea obey Him!"

(KBC Study Bible pg. 1078)

SUPPLIES NEEDED THIS WEEK

GET CONNECTED

Beach ball, Memory Link cards, index cards, pens, highlighters

MEMORY LINK ACTIVITY

Option 1: Beach balls
Option 2: None

BIBLE CONNECTION

None

SURF TEAM LEADER

Memory Link cards, Hang 10 pages, index cards, pens

MAKE-IT-STICK REVIEW GAME

Option 1: Music, painters' tape, paper. Option 2: Sponge ball, six paper cups

Jesus Calms the Storm

WHAT'S THE POINT?

This is the first Beach Club session for the new school year. For many children, this will be their first experience in Beach Club. Take time to explain each part of club for your new clubbers. Tell them we will teach them how to pray if they don't know how. This lesson is foundational in a person's understanding of who Jesus is. Many children struggle with fear... my dad lost his job, my parents got divorced, my grandparent died, will I pass fourth grade? Understanding Jesus' power can help them understand they can place their confidence in Jesus. Begin praying now that the kids in your club will become fully devoted followers of Christ.



GET CONNECTED

Building relationships in surf teams; introducing today's lesson

Beach ball, Memory Link cards, Hang 10 pages, index cards, pens, highlighters

Since today is the first club for this year, allow the kids to share some things about themselves so you can get to know them. Introduce yourself and let them know how happy you are they chose to come to Beach Club. Invite them to bring their friends next week!

Invite the kids to sit in a circle and toss the ball around the group while counting 1, 2, 3. Whoever has the ball on the count of 3, gets to answer the questions next. Continue until every child has answered or until time is called.

- What is your name and how many people live in your house with you, including pets?
- What is your favorite way to have fun?
- Ask if any of the students came to Beach Club last year.
- Find out how many students have a Bible and encourage them to bring it every week.
- Introduce the Character Word and let them know we will teach them a different character word each week and how we can apply it in our lives.



Show clubbers that each week we will locate and mark today's Bible Connection and Memory Link in our Bibles so we can find the pages quickly as directed in the session. Also, don't assume children know how to pray. Take time to explain to children how to pray.

WORSHIP TIME

Pointing hearts toward God

Since it is your first club, consider only doing one song today. Take time to teach the kids what the song means and maybe share a scripture verse that goes along with the song. Teach them that clapping, dancing, etc. are all ways to express our worship to God.

Optional song choice: "Praise You in this Storm" by Casting Crowns



MEMORY LINK



2 Minutes – Teaching the Bible verse to clubbers

8 Minutes – Activity to help them memorize the verse

No supplies needed

Focus on Today's Memory Link

Today we will talk about confidence. Who can tell me what confidence means? (trust, a feeling of assurance, certainty) Raise your hand if you have ever had a time that made you feel unsure, nervous or afraid. Do you ever get scared during a thunder storm? In today's Bible story, you will learn that Jesus has power over nature. You can have confidence in Jesus and His power.

Read Mark 4:41b from the KBC Study Bible on page 1078. *The disciples were what? They were terrified. They were in a boat on the water in a storm! What did they ask each other? Who is this? They realized that Jesus had power over nature. He had the power to say to the storm, "Peace, be still!" and the wind and waves obeyed! Let's memorize the verse as we act like we are in a boat.*

Option 1 – ROUGH WATERS... ROCK THE BOAT

Beach ball for each surf team

Invite each surf team to sit in a circle. Ask the kids to begin swaying from side to side (all leaning to the right and then the left) as if they were sitting in a rocking boat. As they sway, begin to pass the beach ball around the surf team circle. The surf team leader can interrupt by saying, "Peace, be still!" At that point the kids must stop moving and then say the verse together. Then they can resume swaying and passing the beach ball. Repeat until time is called.

Option 2 - ROUGH WATERS... DO THE WAVE

No supplies needed

Invite each surf team to stand with their group, facing the front. Ask the kids to do the wave from one surf team to another. One person raises his/her hands above their head, then lowers them. The person on the right will do the same and so on. Once the wave has gone around the room a few times, the memory link leader can interrupt by saying, "Peace, be still!" At that point, the kids must stop moving and then say the verse together. After they have said the verse they can resume the wave. Continue playing until time is called.

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Mark 4:41b

"Who can this be, that even the wind and the sea obey Him!"

(KBC Study Bible pg. 1078)

Worship Tip

KBC desires that our partnering churches sing the same songs in Beach Club that are sung in their children's worship. However, if you need assistance, we will provide song choices in almost every lesson. Remember when choosing songs to keep them age-appropriate for preteens and ask yourself what a fifth or sixth grader would like.

Bible 101

Encourage students to bring their Bible to Beach Club each week. If they do not have one, they can share with others that do until they get their very own KBC Study Bible on Great Treasure Day.



10-15 MINUTES

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Connecting with kids in small groups;
applying today's Bible Connection and Character Word



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Today's Bible Lesson

- ## Use the Bible

Hang 10 Pages

- Take time to explain the Hang 10 page. Let them know you want them to bring it back to Beach Club each week.
- *Look at Day 4 of the Hang 10. Read John 3:16 (KBC Study Bible, page 1151) God loves us so much that He sent His one and only Son, Jesus, to die on a cross for my sins. The Bible tells me if I believe in Jesus, I can have eternal life.*
- *Turn in your KBC Study Bible to the tip-in pages, “Spending Time with God” between pages 242-243.*

Jesus, I thank You that I can have confidence that You are able to help me when I am afraid or facing a problem. Thank You for loving me. In Jesus' name, Amen.

As parents register their children for Beach Club using the paper form, make sure all the forms are entered into KOMS before the next Beach Club. If parents register online, simply look at the section for Kids Awaiting Approval and follow the instructions in the KBC Leadership Manual, Volume 3: Record Keeping Made Easy to find out how to activate them.

[illegible]

MAKE IT STICK - REVIEW GAME

Playing a game to review today's Bible Connection and Character Word



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Option 1 - PLAY BALL!

Music, four strips of painters' tape, four slips of paper

Prepare

Label the strips of tape 1-4. Write the numbers on the slips of paper. Place each long strip of tape in four different locations on the floor to represent four boats.

Play music and ask the kids to walk around the four boats. When the music stops, instruct the kids to choose one of the boats (strips of tape) to stand on. Draw one of the slips of paper. The group standing on the boat with that number gets to answer the question. Continue this process until all questions have been asked or until time is called.

Option 2 - TUMBLING CUPS

Sponge ball, six paper cups

Prepare

Stack paper cups in a pyramid.

Guide surf teams to line up several feet away from the stack of paper cups. For each review question answered correctly, kids get a turn to toss the sponge ball and try to knock over the paper cups. Kids earn two points for each cup knocked over. Kids earn an extra 10 points if all six are knocked over. At the end of play, calculate points and declare a winning team. Tip: this game works best when cups are on a table or desk rather than on the floor.

REVIEW QUESTIONS

1. What is today's Character Word? (*Confidence*)
2. What does "*confidence*" mean? (*Trust, a feeling of assurance or certainty*)
3. In what part of the Bible is our story found? (*New Testament*)
4. Recite today's Memory Link? ("*Who can this be, that even the wind and the sea obey Him!*" Mark 4:41b)
5. In the Bible story, what did the disciples say to Jesus when they went to wake him up? ("*Teacher, do you not care if we are perishing?*")
6. What did Jesus say to the wind and the waves? ("*Peace, be still!*")
7. What is it called when we say and do things against God's will? (*Sin*)
8. Who does sin separate us from? (*God*)
9. What can people have *confidence* in? (*Jesus' power*)
10. How can a kid show *confidence*? (*Responses will vary*)
11. If you want a friend at school to learn about the Bible – where can you invite them to come? (*KiDs Beach Club®!*)

**“Who can this
be, that even
the wind and
the sea obey
Him!”**

Mark 4:41b

