

**LESSON 4**  
**“PATIENCE”**  
(page 1)



**BIBLE CONNECTION**

Genesis 25:24-34 (pages 31-32)

**CHARACTER WORD**

Patience – Waiting with a happy spirit

**TEACHING OBJECTIVE**

God can help me be patient when I don't feel like waiting.

**MEMORY LINK**

**Hebrews 6:12b**

“Imitate those who through faith and patience inherit the promises.”

(KBC Study Bible pg. 1330)

**SUPPLIES NEEDED THIS WEEK**

**GET CONNECTED**

Memory Link card, Hang 10 pages, index cards, pens, highlighters

**MEMORY LINK ACTIVITY**

Resource: Picture of a sloth  
Option 1: Beach pails, pens, Memory Link cards. Option 2: Chopsticks, index cards

**BIBLE CONNECTION**

Toy bow and arrow, mixing bowl, wooden spoon, ice tray

**SURF TEAM LEADER**

Memory Link cards Hang 10 pages, index cards, pens

**MAKE-IT-STICK REVIEW GAME**

Option 1: Chopsticks, index cards. Option 2: Envelopes

# Esau Trades His Birthright

## WHAT'S THE POINT?

In today's busy and rushed culture, we lack the discipline of patience. We can instantly get information about any subject just by pulling our smart phones out of our pockets. We can travel just about anywhere in the world and get there by... well, tomorrow. This crazy, rushed world is the only life your Beach Club students know. Modeling patience for students is awfully hard for adults. Point them to God's patience as the ultimate example. He never tires of hearing our prayers. He never loses patience when we ask for forgiveness... again. He is never behind schedule or frustrated by delays. God is always perfectly patient. Let's encourage our students, and ourselves, to reflect God's character and learn the discipline of patience.

## GET CONNECTED

Building relationships in surf teams; introducing today's lesson



Memory Link cards, Hang 10 pages, index cards, pens, highlighters

Use the following conversation prompts to get to know the kids in your surf team and to introduce today's lesson.

- *Today's Character Word is patience. How do you define patience? Explain that patience means waiting with a happy spirit.*
- *Being patient is usually very hard. Share about a time it was hard to be patient.*
- *Tell the group about a time you saw someone be patient.*

 Guide students to locate and mark today's Bible Connection and Memory Link in their Bibles so they can find the pages quickly as directed in the session.

## WORSHIP TIME

Pointing hearts toward God

Consider these resources when searching for pre-teen worship songs with words and motions:

HillsongKids.com, SeedsFamilyWorship.com, AmberSkyRecords.com, Jagee Melton, 252basics.org, UncleCharlie.com, Search Dreds & Co (Dawna Duke) or VBS selections on YouTube, just be careful of the advertising!



## MEMORY LINK

2 Minutes – Teaching the Bible verse to clubbers

8 Minutes – Activity to help them memorize the verse



## LESSON 4 “PATIENCE”

(page 2)

### Hebrews 6:12b

*“Imitate those who through faith and patience inherit the promises.”*

*(KBC Study Bible pg. 1330)*

Resources: Picture of a sloth

### Focus on Today’s Memory Link

*I’m going to read Hebrews 6:11-12 to you, but because of the length of these verses, we will only memorize the second half of verse 12. This scripture encourages the hearer not to become sluggish. Ask the students if they can name an animal that would be considered sluggish. Prompt them to name a sloth. Show the picture of a sloth. *Is it a compliment to be considered slothful? Sluggish in this verse could mean slothful, careless, bored or discouraged. It is not God’s desire that we become sluggish in our spiritual life. We need to constantly move forward spiritually, reading our Bible and praying. The Bible says to imitate those that have had faith and patience. Many people in Bible times demonstrated faith and patience. But today you will hear a story of one who did not show patience and, as a result, did not inherit God’s promise.**

### Option 1 – PASS THE PAIL

Beach pail for each surf team, pens, Memory Link cards

#### Prepare

Instruct each student to write their name on their Memory Link card. Put the cards in a beach pail.

Instruct each surf team to stand in a circle and begin passing the beach pail clockwise until you tell them to stop. The student holding the beach pail will blindly pull out a card and read the name on the card. The named student will say the Memory Link. Begin passing the beach pail again and continue playing in the same fashion. Let the students know that you will reward them with a ticket if they pull their own Memory Link card. In addition, if a student pulls their own name the entire surf team will recite the verse together. Be sensitive to students that may be shy about saying the verse by themselves. Always be ready to adjust things to make them feel comfortable.

### Option 2 - CHOPSTICK CHALLENGE

Chopsticks, index cards

#### Prepare

On index cards, write one word of the verse and the scripture reference.

Guide each surf team to sit in a circle. Mix up the index cards and pass them out to each student in your surf team. Some may have more than one card. Ask the students to hold out the index cards in front of them. Show the chopsticks and talk about how much patience it takes to eat with chopsticks. Give chopsticks to one student. When you call “start,” ask the student with the chopsticks to collect the index cards and put the memory verse in correct order on the floor in the circle, using only the chopsticks. If he drops an index card, the surf team leader can pick it up and hand it back to the student to let them try again. Once all cards are placed in the correct order, ask the surf team to say the verse aloud. Continue until all have had a turn or time is called.

### Bible 101

Direct the kids to find the Contents page in the front of their KBC Study Bible or their Bible from home. Tell the students that the Bible is divided into two parts, the Old Testament and New Testament and that the Bible is made up of 66 books in all. There are 39 books in the Old Testament and 27 books in the New Testament. Hebrews is a book near the end of the New Testament.

### Teaching Tip

Encourage kids to do the Weekly Challenge and bring back their Hang 10 pages next week for a time of discussion. Of course, kids will sometimes forget their Bibles, so encourage your clubbers to share with a neighbor. By using the Bible every week, kids will better grasp the value of God’s word.









**“Imitate  
those who  
through faith  
and patience  
inherit the  
promises.”**

Hebrews 6:12b

