

LESSON 7
“HUMILITY”
(page 1)



BIBLE CONNECTION

Exodus 3:11-22 (pages 65-66);
Exodus 12:40-41 (page 77)

CHARACTER WORD

Humility – Opposite of prideful,
arrogant and conceited

TEACHING OBJECTIVE

With God's help, I can be humble.

MEMORY LINK

Matthew 23:12

“And whoever exalts himself will
be humbled, and he who humbles
himself will be exalted.”

(KBC Study Bible pg. 1058)

**SUPPLIES NEEDED
THIS WEEK**

GET CONNECTED

Memory Link cards, Hang
10 pages, index cards, pens,
highlighters

MEMORY LINK ACTIVITY

Option 1: Painters' tape,
bean bags
Option 2: None

BIBLE CONNECTION

Printable resources

SURF TEAM LEADER

Memory Link cards, Hang 10
pages, index cards, pens

**MAKE-IT-STICK
REVIEW GAME**

Option 1: Plague pictures,
bean bags
Option 2: Plague pictures

Pharaoh Refuses to Listen

WHAT'S THE POINT?

It's important for us to live our lives with humility. Humility is often easier to explain by looking at what humility is NOT. Pride, arrogance and conceit are the opposite of humility and can have severe consequences. Today's society focuses a lot on “It's all about me.” We need to help kids know that God honors humility and valuing others above ourselves.

Today's Bible Connection is about how Pharaoh's pride blinded him to the mighty acts and authority of God, and so he and all of Egypt suffered severe consequences. God inflicted 10 horrible plagues on the Egyptians because of Pharaoh's pride and lack of humility.

Jesus was our ultimate example of humility when He took on the very nature of a servant, being made in human likeness and dying on the cross for our sins. Without humility, it is impossible to come to Christ for salvation. Children will learn that with God's help, they can show humility.



GET CONNECTED

Building relationships in surf teams; introducing today's lesson

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

Pass out Memory Link cards, index cards and pens.

Use the following conversation prompts to get to know the kids in your Surf Team and to introduce today's lesson.

- What are some ways you can show humility?
- What are some ways to show a lack of humility?
- Can you describe a time someone showed humility toward you? How did it make you feel?



Guide clubbers to locate and mark today's Bible Connection and Memory Link in their Bibles so they can find the pages quickly as directed in the session.



WORSHIP TIME

Pointing hearts toward God

Consider these song selections:

“Pharaoh Pharaoh” by Song Time

You Tube: <https://www.youtube.com/watch?v=cl-uzRi350g>

“Lay It Down” by Littleluce1000

You Tube: <https://www.youtube.com/watch?v=azwkBW4vrGA>

“Make Me a Servant” by Dave Mimit

You Tube: https://youtu.be/IG3G8zCu0_E

MEMORY LINK

2 Minutes – Teaching the Bible verse to clubbers

8 Minutes – Activity to help them memorize the verse



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No supplies needed

Focus on Today's Memory Link

Today's Memory Link is found in the New Testament book of Matthew. Turn to page 1058 in your KBC Study Bibles to Matthew 23:12. In this verse, Jesus teaches us a benefit of humility. Humility is the opposite of being prideful or arrogant. Humility, or being humble, means to value others above yourself. Let's read the verse together and see if you can recognize a benefit of being humble. Who would like to come up here and read this verse out loud for everyone?

This verse tells us that prideful people will be brought down, but humble people will be lifted up. When we put God first, above ourselves, this verse tells us we will be exalted. Jesus humbled Himself and died on the cross for us. We must humble ourselves if we want to follow God.

Option 1 – SQUARE TOSS

Painters' tape and bean bag for each surf team

Prepare

Mark a 2-foot by 2-foot square on the floor with painters' tape for each surf team. Then divide the square into four quadrants by placing a horizontal and vertical line across the middle of the square. This will create four smaller squares inside the larger one. Assign a point value to each of the four squares.

Guide each surf team to stand in a circle around their square on the floor. Each child will take a turn tossing the bean bag onto the square. Then they will recite the verse from memory. If they recite the verse correctly, they're rewarded the number of points assigned to the square where the bean bag landed. The child with the most points is the winner.

Option 2 – HUMILITY CHANT

No supplies needed

Explain that kids will jump up in the air on the words “exalt/exalted” and crouch down low to the ground on the words “humble/humbles.” Repeat the verse several times while kids crouch and jump on the corresponding words. To make it even more fun, start by shouting the verse, then repeat a little more quietly each time. By the last verse chant, kids should only mouth the words while jumping and crouching at the appropriate times.

Matthew 23:12

“And whoever exalts himself will be humbled, and he who humbles himself will be exalted.”

(KBC Study Bible pg. 1058)

Bible 101

In preparation for Great Treasure Day, consider teaching the children the books of the Bible. Start with teaching them that the Bible is divided into two parts: Old Testament and New Testament. The Bible is made up of 66 books: 39 in the Old Testament and 27 in the New Testament. The first five books of the Bible are called the Law and are Genesis, Exodus, Leviticus, Numbers and Deuteronomy.

BIBLE CONNECTION



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Teaching today's Character Word through a gospel-centered Bible story

Resource items: three cue cards

Set the Stage

Select a girl to hold up the first cue card and a boy to hold up the second cue card when you point to them. Give the third cue card to a leader to play Moses. Instruct the rest of the girls to read the girls' cue card when you point to it and the boys to read the boys' cue card when you point to it. Instruct the leader playing Moses to read his cue card when you point to him.

Tell the Story

Please turn with me to Exodus 3:11-17 (pages 65-66) in your KBC Study Bible. Now turn to page 77 and listen as I read Exodus 12:40-41. God's people, the Israelites, had been slaves in Egypt for 430 years. The king of Egypt was called Pharaoh. He was a mighty ruler full of pride. Remember, pride is the opposite of our character word, humility. Pharaoh ruled over the land of Egypt and the Egyptians worshipped Pharaoh like a god. He treated Israelite slaves very badly. The Israelites prayed to God and asked God to free them from their harsh Egyptian slave masters. God heard their prayers and sent a man named Moses to tell Pharaoh to free God's people. Moses felt very unworthy and unskilled for this job, but God told Moses that He would be with him and send his brother Aaron to help him. So, Moses humbly obeyed God and went to Pharaoh to deliver God's message.

Moses said: "Let My people go, so that they may worship Me in the desert."

*God told Moses to hold his shepherd's staff over the Nile River where Pharaoh was standing. Moses did as God said and all the water in Egypt, including the Nile River, turned to **blood**. But Pharaoh turned and went into his palace and was not concerned at all.*

Point at girls' cue card 1: "But Pharaoh's heart was hard"

Point at boys' cue card 2: "and he would not listen"

God continued to send Moses day after day to speak to Pharaoh. With God's help, Moses carried out the Lord's commands. So, one by one God sent more plagues to demonstrate His mighty power to Pharaoh and to convince Pharaoh to humble himself, to listen and to obey God.

*After God turned the water to blood, He sent **frogs**. There were frogs everywhere! There were frogs in people's beds, in their ovens, and even in their bread! Then all the dust in Egypt turned into **lice** and covered the animals and people. **Flies**, the fourth plague, filled the Egyptian's homes and covered the ground. Then all their **livestock** - cows, horses, goats, donkeys and sheep died. And the people were covered with **boils** (sores) from the top of their heads to the bottom of their feet.*

Point at girls' cue card 1: "But Pharaoh's heart was hard"

Point at boys' cue card 2: "and he would not listen"

*God sent a great **hailstorm** that destroyed their crops growing in the fields and sent **locusts** to eat what little crops were left in the fields after the hail storm. Then God sent total **darkness** over the whole land for three days. It was so dark that people could not see anything or anyone.*

As You Prepare

You may want to consider reading Exodus chapters 7-12 for background knowledge as you prepare to teach the lesson. We will only cover Exodus 3:11-17 and 12:40-41.

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Moses said: *“Let My people go, so that they may worship Me in the desert.”*

But, still Pharaoh was proud instead of humble.

Point at girls' cue card 1: *“But Pharaoh’s heart was hard”*

Point at boys' cue card 2: *“and he would not listen”*

Each time there was a plague, God sent Moses to speak to Pharaoh. But Pharaoh would not humble himself.

*The 10th and final plague was the **death** of every firstborn son in Egypt, including Pharaoh’s own son. It was only then that Pharaoh finally humbled himself and allowed God’s people to leave Egypt. Pharaoh’s pride had kept him from acknowledging the authority and power of the One True God. His pride caused great pain and grief, not only to himself, but to all the people living in Egypt.*

Remember our verse? “And whoever exalts himself will be humbled, and he who humbles himself will be exalted.” Pharaoh exalted himself and thought he was above everyone, including the One True God. So, just like this verse promised, God humbled Pharaoh. Pharaoh’s actions and attitude resulted in him losing his son, the respect of his people, and his opportunity to have a relationship with God. Moses, on the other hand, was humble. God helped Moses speak to Pharaoh and to become a great leader for God’s people.

Application

With God’s help we can be humble. Humility means to value others above yourself. Did Pharaoh value other people? No. God wants us to put Him first above ourselves. We can only do this if God helps us. It is our nature to be selfish and to put ourselves first before others and before God. We want to do what we want even if it goes against what God says is right and good. That is at the heart of sin. Pride! God tells us that we must humble ourselves in order to follow Him.

Gospel Connection

Jesus showed ultimate humility when He died on the cross for our sins. The Bible says in John 3:16 that God loved us so much that He gave His one and only Son, Jesus, to die in our place for our sins and that whoever believed in Him would live with Him forever.

Jesus wants to be your forever friend! If you want to know how to invite Jesus into your life to be your forever friend you can do that today. All you have to do is humbly ADMIT you have sin and ASK Jesus to forgive your sin and come into your life. Next, BELIEVE that Jesus’ sacrifice paid the debt for your sin and then CHOOSE TO FOLLOW Jesus.

Invite children wanting to know more about becoming a Christian to move to the designated counseling area to talk with a leader one on one.

Gospel Tip

Go to the Club Leader Tools page on the **kidsbeachclub.org** website and download an amazing tool, “Jesus, Baptism and Me,” that provides foundational principles for young believers. Use this to assist parents in walking their child through the next steps or consider having a class at your church and invite your Beach Club families.

SURF TEAM TIME

Connecting with kids in small groups; applying today's Bible Connection and Character Word



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Memory Link cards, Hang 10 pages, index cards, pens

Today's Bible Lesson

- Before you begin, ask if there are any clubbers who would like to talk with the Bible Connection leader about praying to ask Jesus to become their forever friend. If so, let them go to the designated area.
- *What questions do you have about today's story?*

Use the Bible

Review today's Memory Link and Character Word. Guide kids to use cards to mark today's story in their KBC Study Bibles. Lead them to highlight today's Memory Link.

Hang 10 Pages

Give each child a Hang 10 page. Challenge kids to hang out with God 10 minutes each day by praying and reading the Bible, using the Hang 10 page as a guide. Encourage kids to do the Weekly Challenge and bring back their Hang 10 pages next week for a time of discussion.

Look at Day 2 of the Hang 10. Turn to Philippians 2:3-4 (KBC Study Bible, page 1294-1295). These verses tell us to humble ourselves and put others first. Write down three things you can do to demonstrate putting others first.

Pray

Give the kids a few minutes to share their prayer requests or write them on index cards. Ask a child to lead the group in prayer. Take the cards home and remember to pray for the kids in your surf team this week.

Jesus, we thank You that You humbled Yourself and became the perfect sacrifice for our sins, and that You are the only way our sins are forgiven. Thank You for being a Savior who also wants to be a friend. In Jesus' name, Amen.

Connection Tip

Find ways to connect with the kids outside of KBC. Send encouraging notes to their home. Email parents something interesting their child did at Beach Club that week. Go the extra mile by finding additional ways to volunteer at the school, such as reading in their classes. These kinds of connections go a long way to impact the kids you minister to at KiDs Beach Club®.

MAKE IT STICK - REVIEW GAME

Playing a game to review today’s Bible Connection and Character Word



Option 1 – TOSS IT

Resource item: plague pictures; bean bag for each surf team

Prepare

Give each surf team one bean bag and set of plague pictures. Direct surf team leaders to lay each of the 10 plague pictures on the floor in front of their surf teams.

Instruct the children to line up single file. Surf team leaders will hand the first child in line the bean bag. The child will toss the bean bag and try to land it on one of the plague pictures. If the bean bag lands on any one of the pictures, that child gets the chance to answer a review question. The leader will then remove that plague picture and continue the game until every question has been answered. First surf team to answer all 10 questions correctly will shout humility!

Option 2 – PLAGUE RUN

Resource item: plague pictures (one for each child)

Guide children to form one large circle. Give every student one plague picture. Make-it-stick review game leader will stand in the center of the circle and call out one of the 10 plagues. Every child that has a picture that represents that plague will run to the center of the circle where the review game leader is standing. The first child to arrive will get the opportunity to answer one of the review questions.

For larger Beach Clubs, consider doing this activity in individual surf teams.

REVIEW QUESTIONS

1. *What is today’s Character Word? (Humility)*
2. *What is the definition of humility? (To value others above yourself, opposite of prideful, arrogant, conceited)*
3. *Who did God send to speak to Pharaoh about letting the Israelites go? (Moses)*
4. *What happened to the Nile River because Pharaoh refused to listen to God? (It turned to blood)*
5. *Who is our ultimate example of humility? (Jesus)*
6. *What was the 10th and final plague? (The death of every firstborn son in Egypt)*
7. *What kind of animal was in the Egyptians beds, ovens and even their bread? (Frogs)*
8. *Recite today’s Memory Link. (Matthew 23:12)*
9. *Why does God value humility? (Without humility we cannot be saved, Jesus showed humility)*
10. *Where is the best place to hang out and find treasure at your school? (KiDs Beach Club®!)*

**“And whoever
exalts himself
will be
humbled,
and he who
humbles
himself will be
exalted.”**

Matthew 23:12

