



LESSON 4

Esau Trades His Birthright

Genesis 25:24-34

(KBC Study Bible, pages 31-32)

Character Word

Patience – *waiting with a happy spirit*

Esau was NOT patient and traded his birthright for the immediate pleasure of a meal.

God can help me be patient when I don't feel like waiting.

Memory Link

"Imitate those who through faith and patience inherit the promises."

Hebrews 6:12b (KBC Study Bible, page 1330)

Weekly Challenge

Ask your teacher or a parent to remind you when you are being impatient this week to help you learn to be patient in all things.

☐ **DAY 1** READ: 2 Peter 3:9 (KBC Study Bible, page 1354)

DO: This verse says that the Lord is "longsuffering toward us" (or patient) and that He wants all to "come to repentance" (turn from our sin). God is patient because He wants everyone to believe in Him and ask forgiveness for their sins and turn to God.

PRAY: Father, I am so thankful that You are patient with me. I believe in You. I am thankful that You offer me the opportunity to repent of my sins. In Jesus' name, Amen.

KiDsBeachClub.org

Follow @KiDsBeachClub



LESSON 4

Esau Trades His Birthright

Genesis 25:24-34

(KBC Study Bible, pages 31-32)

Character Word

Patience – *waiting with a happy spirit*

Esau was NOT patient and traded his birthright for the immediate pleasure of a meal.

God can help me be patient when I don't feel like waiting.

Memory Link

"Imitate those who through faith and patience inherit the promises."

Hebrews 6:12b (KBC Study Bible, page 1330)

Weekly Challenge

Ask your teacher or a parent to remind you when you are being impatient this week to help you learn to be patient in all things.

☐ **DAY 1** READ: 2 Peter 3:9 (KBC Study Bible, page 1354)

DO: This verse says that the Lord is "longsuffering toward us" (or patient) and that He wants all to "come to repentance" (turn from our sin). God is patient because He wants everyone to believe in Him and ask forgiveness for their sins and turn to God.

PRAY: Father, I am so thankful that You are patient with me. I believe in You. I am thankful that You offer me the opportunity to repent of my sins. In Jesus' name, Amen.

KiDsBeachClub.org

Follow @KiDsBeachClub



☐ **DAY 2 READ: 1 Thessalonians 5:14** (KBC Study Bible, page 1307)

THINK: We are to be patient with ALL. That means everyone. Sometimes it's hard to be patient with people. Think of someone that it's hard to be patient with. How can you show patience to that person?

PRAY: Father, I know that I have not been patient with _____. Please help me to be more patient with him/her. I want people to be patient with me, and I know I need to be patient with others. In Jesus' name, Amen.

☐ **DAY 3 READ: Galatians 5:22-23** (KBC Study Bible, page 1283)

THINK: As Christians, we should show love, have joy and peace, and be longsuffering or patient. These are called "the fruit of the Spirit." We can have God's help to do these things by reading our Bible, praying to Him, being around other believers and having faith in Him to guide us.

PRAY: Father, I want to have all of the fruits of Your Spirit. I pray specifically right now to have patience. Please show me areas in my life where I am not patient so that I can do better. In Jesus' name, Amen.

☐ **DAY 4 READ: 1 Corinthians 13:4** (KBC Study Bible, page 1261)

DO: Love is longsuffering. You saw that word earlier this week. A way we can show love to someone is by being patient with them. Write down the name of someone you love. List 3 ways you can show love to this person by being patient with them.

PRAY: Father, thank you for putting people in my life that I love and that love me. I want to show them my love by being patient with them. Help me find ways to show them patience. In Jesus' name, Amen.

☐ **DAY 5 READ: Romans 15:4** (KBC Study Bible, page 1246)

SHARE: Talk about Esau's decision. Because he was impatient he lost something very valuable. Have you ever lost something because you were impatient? Esau later regretted his decision. You can learn from Esau's experience. God offers hope even when we make poor decisions.

PRAY: Father, thank You that, through the patience and comfort of Your Word, You give hope. It's a hope for a future with You. I want that hope. In Jesus' name, Amen.

☐ **DAY 2 READ: 1 Thessalonians 5:14** (KBC Study Bible, page 1307)

THINK: We are to be patient with ALL. That means everyone. Sometimes it's hard to be patient with people. Think of someone that it's hard to be patient with. How can you show patience to that person?

PRAY: Father, I know that I have not been patient with _____. Please help me to be more patient with him/her. I want people to be patient with me, and I know I need to be patient with others. In Jesus' name, Amen.

☐ **DAY 3 READ: Galatians 5:22-23** (KBC Study Bible, page 1283)

THINK: As Christians, we should show love, have joy and peace, and be longsuffering or patient. These are called "the fruit of the Spirit." We can have God's help to do these things by reading our Bible, praying to Him, being around other believers and having faith in Him to guide us.

PRAY: Father, I want to have all of the fruits of Your Spirit. I pray specifically right now to have patience. Please show me areas in my life where I am not patient so that I can do better. In Jesus' name, Amen.

☐ **DAY 4 READ: 1 Corinthians 13:4** (KBC Study Bible, page 1261)

DO: Love is longsuffering. You saw that word earlier this week. A way we can show love to someone is by being patient with them. Write down the name of someone you love. List 3 ways you can show love to this person by being patient with them.

PRAY: Father, thank you for putting people in my life that I love and that love me. I want to show them my love by being patient with them. Help me find ways to show them patience. In Jesus' name, Amen.

☐ **DAY 5 READ: Romans 15:4** (KBC Study Bible, page 1246)

SHARE: Talk about Esau's decision. Because he was impatient he lost something very valuable. Have you ever lost something because you were impatient? Esau later regretted his decision. You can learn from Esau's experience. God offers hope even when we make poor decisions.

PRAY: Father, thank You that, through the patience and comfort of Your Word, You give hope. It's a hope for a future with You. I want that hope. In Jesus' name, Amen.