

**LESSON 3**  
**“DEPENDABILITY”**  
(page 1)



**BIBLE CONNECTION**

Genesis 18:1-15; 21:1-7  
(page 20, 24)

**CHARACTER WORD**

*Dependability* – Trustworthy to do what I say I will do.

**TEACHING OBJECTIVE**

I can depend on God because He always keeps His promises.

**MEMORY LINK**

**Psalm 119:89-90a**

“Forever, O LORD... Your faithfulness endures to all generations.”

(KBC Study Bible pg. 645)

**SUPPLIES NEEDED THIS WEEK**

**GET CONNECTED**

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

**MEMORY LINK ACTIVITY**

Option 1: White board, dry erase marker, eraser  
Option 2: None

**BIBLE CONNECTION**

None

**SURF TEAM LEADER**

Memory Link cards, Hang 10 pages, index cards, pens

**MAKE-IT-STICK REVIEW GAME**

Option 1: Painter’s tape, bean bag, 2 colors of paper  
Option 2: Cones, ping-pong balls

# Abraham and Sarah Have a Baby

**WHAT’S THE POINT?**

God promised to give Abraham and Sarah a son. Abraham and Sarah waited many years to see God’s promise fulfilled. Abraham was 100 years old when his son, Isaac, was born. God showed that He was dependable when He fulfilled His promise of giving Abraham and Sarah a son. Abraham and Sarah learned that nothing is too hard for God. We can trust God to be dependable in our lives because He never changes. He is always faithful to love us and to give us everything we need.

**GET CONNECTED**

Building relationships in Surf Teams; introducing today’s lesson



Memory Link cards, Hang 10 pages, index cards, pens, highlighters

Use the following conversation prompts to get to know the kids in your Surf Team and to introduce today’s lesson.

- Today’s Character Word is dependability. What does dependability mean to you?
- Share an example of a time when someone was dependable.
- How do you feel when you are depending on someone, and they do not do what they say they will do?
- Think about the world God created. How does nature prove God is dependable? (seasons, gravity, provision of food, etc.)



Guide students to locate and mark today’s Bible Connection and Memory Link in their Bibles so they can find the pages quickly as directed in the session.

**WORSHIP TIME**

Pointing hearts toward God



Don’t underestimate children. Their hearts are longing for the presence of God just like your heart is. Provide a time of intimate worship of God through music. Children will want to be able to express their love for God with songs that will allow them to do that. Enlist some older students to help lead in worship by demonstrating motions, singing, etc.

Like Abraham, we can trust God to be dependable. He always keeps His promise to love us and never leave us. The song, “God is Watching Over You” by Group Publishing, helps us remember that God has plans for us. Also, we can be encouraged to always trust God by the song, “Do Not Give Up” by KidSpring.

## MEMORY LINK

2 Minutes – Teaching the Bible verse to students

8 Minutes – Activity to help them memorize the verse



## LESSON 3 “DEPENDABILITY”

(page 2)

### **Psalm 119:89-90a**

*“Forever, O LORD... Your faithfulness endures to all generations.”*

*(KBC Study Bible pg. 645)*

No supplies needed

### **Focus on the Bible**

*Who brought a Bible?* Each week in Memory Link, count who remembered to bring their Bible. Encourage kids to hold up their Bibles high in the air while you count. Keep a running total each week and try to increase the number of Bibles brought every week.

### **Focus on Today’s Memory Link**

*Today’s Memory Link is from the book of Psalms, which can be found in the middle of the Bible and is a book of songs or poems. Ask kids to find Psalm 119:89-90a in their KBC Study Bibles (page 645). While kids are locating the verse, tell them that Psalm 119 is the longest chapter in the Bible. Explain that there are 22 sections in the psalm, each representing a letter of the Hebrew alphabet. Ask a volunteer to read aloud Psalm 119:89-90a while the kids follow along.*

Briefly define the following words: “faithfulness” - keeping promises; “endures” - goes forever; “generations” - a group of people born and living around the same time. Help the kids understand that they can depend on God to faithfully keep His promises throughout all time and for all people who ever lived. Lead the kids to discuss how this verse reflects God’s dependability.

Show the Memory Link poster. Tell the kids that the three dots (...) represent part of a verse that is left out and today kids are learning a portion of the verse, not the entire verse. Guide kids to look at their Bibles to identify the part of the verse they are learning and the part that is left out. Help them understand that the words removed are not less important, but makes the verse simpler to memorize and does not change the meaning.

### **Option 1 – DISAPPEARING VERSE**

White board, dry erase marker, eraser

Ask the group to read the verse aloud together a few times. Include the reference each time.

Call on a student to choose a word and erase the chosen word. Read the verse as a group, including the erased words. Repeat until all the words and reference are gone and the kids are able to recite from memory.

Option: If you don’t have access to a white board, write the verse on a poster and cover each word with sticky notes instead of erasing.

### **Option 2 - DISAPPEARING VOLUME**

No supplies needed

Guide kids to read the verse aloud together. Guide the kids to repeat the verse four times, reducing the volume each time. For a more physically active option, stand with arms raised when kids say the verse loud, bending lower and lower as the volume goes down. Repeat the activity increasing volume from soft to loud.

### **Great Treasure Day**

This is your third week of club and your enrollment for this week will determine how many free KBC Study Bibles your club will receive. Be sure your record keeper logs this week’s information correctly and in a timely manner. Refer to page 12 in the KBC Leadership Manual Volume 3: Record Keeping Made Easy. Then go to the KBC website Club Leader Tools page (password protected) to order Bibles for your club.

### **Bible 101**

Instruct students to turn to Bible Treasures on page 24 in their KBC Study Bible to read how Sarah responded with laughter to God’s promise to give her a son. God asked Sarah, “Is anything too hard for the LORD?” Remind the kids that they can depend on God to do great things for them, too.

# BIBLE CONNECTION



# LESSON 3 “DEPENDABILITY” (page 3)

Teaching today’s Character Word through a gospel-centered Bible story

No supplies needed

### Set the Stage

*Thinking quietly in your mind, I want you to remember a time when someone promised they would do something and then they did not. Wait a moment for kids to think. After I say “Go,” turn to someone next to you and tell them about it till you hear me clap three times. When you hear three claps, then it is time to listen again. Go. After a few minutes, clap three times to end the discussion time. Regain the kids’ attention and continue.*

*God’s word, the Bible, contains a story about when God promised something good to someone and then made sure it happened. God is always dependable to do what He promises. When God specifically says He will do something, then He will do it. Let’s see how God kept his promise in today’s story. Ask everyone to open his or her KBC Study Bible to Genesis 18:1-15 (KBC Study Bible, page 20).*

### Tell the Story

*Ask a volunteer to read Genesis 18:1 aloud while the kids follow along. The “him” in the verse was a man named Abraham. Abraham lived in a tent because God had called him to leave his home and move to a place God had promised. Abraham was a man who believed and obeyed God. Who does the Bible say appeared to Abraham? (the Lord) Listen carefully to hear how God appeared to Abraham and what happened.*

*Abraham was sitting in the doorway of his tent during the hottest part of the day. He saw three men nearby and hurried over to them. He knew they were special so he bowed down to honor them. Abraham invited the three men to come to his home. He offered them cool water and a place to sit in the shade which was certainly refreshing on a hot day. Then, Abraham left them to go prepare a meal for his guests.*

*When Abraham lived there was no electricity, which meant there were no refrigerators. He couldn’t just run to the grocery store or order a pizza. In order to feed the men a meal, Abraham’s wife kneaded flour to make some cakes of bread. Abraham went out to the field and selected a calf, which his servant prepared. Finally, the meal was ready, and Abraham served it to the three special guests.*

*Those men were not ordinary men. They came from heaven and gave Abraham a message from God. They told Abraham that they would come back in a year and his wife, Sarah, would have a new baby boy. What you need to know about Sarah and Abraham was that they were very old. Many years earlier, God had promised Abraham that his descendants would be more numerous than the stars in the sky. By now, Abraham and Sarah were the age of most great-grandparents. They were much too old to have children. But Abraham believed God’s message. Sarah, on the other hand, did not. She was listening from outside the tent. She laughed in her heart at God’s message.*

*The men knew Sarah thought it was impossible for her to have a baby. Tell the kids to look at Genesis 18:14 to see how the men responded. (Is anything too hard for the Lord?)*

### Teaching Tip

Using Bibles: Keep in mind that some kids don’t have any experience using a Bible and may not even own a Bible. Using your KBC Study Bible, take time to explain books, chapters, and verses to show them how to locate verses using Bible references. Allow plenty of time for all kids to locate verses before moving forward in your teaching time. Give kids as many opportunities as possible to be hands on with Bibles in Beach Club. Read “Using the Bible with Kids” at [kidsbeachclub.org/gtd-resources](http://kidsbeachclub.org/gtd-resources). Let them know they will receive their very own KBC Study Bible on Great Treasure Day!

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*What do you think? Is anything too hard for the Lord? Lead the kids to discuss situations that might seem impossible. (Parent’s divorce, being bullied, not enough food to eat and others) Things might seem impossible for people, but nothing is too hard for God. Even when things are difficult, you can depend on God. He is the same yesterday, today and forever.*

Read aloud Genesis 21:1-3 while the kids follow along. Ask the kids to identify in verse 2 who made the promise to Abraham. (the Lord) Ask the kids to find the name of the baby in verse 3. (Isaac)

Read aloud Genesis 21:5-7 while the kids follow along. Ask the kids to look at verse 5 to discover how old Abraham was when Isaac was born. (100 years old) *What was the original promise God made to Abraham, far before the three visitors came? (His descendants would be more numerous than the stars in the sky.) Abraham was 75 years old when God made that original promise. For 25 years, Abraham believed God and knew God was dependable. Finally, God proved His dependability by giving Abraham a son, the first of many descendants.*

*What about Sarah? She laughed even more now, not out of the ridiculous thought of an old lady having a baby. Her laughter now came from the joy of having a new baby that reminded everyone of God’s dependability.*

**Application**

*Since you know that God is dependable, you can count on God to always be the same. You can depend on Him because He never changes. God can help you be dependable, too. He wants you to tell others the truth from His word and the good news about Jesus. Can God depend on you to share what you know about Jesus with others?*

**Gospel Connection**

*Just like God was dependable to keep His promise to Abraham, God is still dependable today to keep His promise to you. God has made a very big promise to all people. Because of sin, all people are separated from God. God promised to send a Savior and He did! That Savior is Jesus. Jesus took the punishment you deserve and offers forgiveness from sin. God sent messengers to Abraham, but today God’s message to you can be found in the Bible. The Bible tells us God’s plan for how people can experience forgiveness and have a relationship with Jesus. It’s as simple as A-B-C. ADMIT you’re a sinner and ASK Jesus to forgive your sin and come into your life. Next, BELIEVE that Jesus’ sacrifice paid the debt for your sin and then CHOOSE TO FOLLOW Jesus by turning away from your sin and choosing God’s way rather than your own way. You can depend on God to keep His promise and give you eternal life when you commit your life to Him.*

Invite students wanting to know more about praying to ask Jesus to be their forever friend to move to the designated counseling area to talk with a leader one on one. Be sure to have all the decision supplies available.

**Gospel Tip**

Always be prepared if a child in your Surf Team wants to talk with you about how to become a Christian. Make sure you have your church’s decision supplies readily available. Review “Guiding Kids Toward Jesus” in the KBC Leadership Manual Volume 2: Beach Club Essentials (pages 27-30) and check out additional resources on the Club Leader Tools page of the KBC website.

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## SURF TEAM TIME

Connecting with kids in small groups;  
applying today's Bible Connection and Character Word



## LESSON 3 "DEPENDABILITY"

(page 5)

Memory Link cards, Hang 10 pages, index cards, pens

### Today's Bible Lesson

- Before you begin, ask if there are any students who would like to talk with the Bible Connection leader about praying to ask Jesus to become their forever friend. If so, let them go to the designated area.
- *What questions do you have about today's story?*
- *How does God show He is dependable?*
- *What are ways you can be dependable at home? At school? In Beach Club?*
- *Think of a person you know is dependable. People are not perfect, but God is. You can always know that God is dependable, even if other people around you are making bad choices.*

### Use the Bible

Give each child a Memory Link card. Review today's Memory Link and Character Word. Guide kids to use cards to mark today's story in their KBC Study Bibles. Lead them to highlight today's Memory Link.

### Hang 10 Pages

Give each child a Hang 10 page. Challenge kids to hang out with God 10 minutes each day by praying and reading the Bible, using the Hang 10 page as a guide. Encourage kids to bring back their Hang 10 pages next week.

*On Day 5 of your Hang 10 you're asked to think of a time someone made a promise and let you down? God won't! You can depend on God to faithfully keep His promises (faithfulness) throughout all time (endures) and for all people who ever lived (generations).*

### Pray

Give the kids a few minutes to share their prayer requests or write them on index cards. Ask someone to lead the group in prayer. Take the cards home and remember to pray for the kids in your Surf Team this week.

*Father, thank You for Your faithfulness. According to Your word, I know I can always depend on You. Thank You for always being with me. In Jesus' name, amen.*

### Teaching Tip

This is the week that determines the number of free KBC Study Bibles that will be provided for your club. Help KiDs Beach Club® steward our resources well by promptly and accurately entering your club data. Continue to build excitement with your new students about the KBC Study Bibles they will receive. Show your sample copy and use it as much as possible during club.

### Connection Tip

Surf Teams should include up to 10 kids for each leader. Your goal is to draw students into discussion and build relationships with them. Children really don't care about how much we know until they see how much we CARE! Statistically, 62 percent of the kids in Beach Club have no affiliation to a church and many of them don't know about Jesus. You are the Jesus they see; you are Jesus with skin on.

# MAKE IT STICK - REVIEW GAME

Playing a game to review today's Bible Connection and Character Word



### Option 1 - TIC-TAC-TOSS

Painter's tape, bean bag, two colors of paper (five sheets each)

#### Prepare

Make a tic-tac-toe grid on the floor using the painter's tape. The board needs to be large enough to hold a sheet of colored paper in each square.

Divide your Surf Team into two teams or play one Surf Team against another. Give each team five sheets of paper in the same color. The first person from the first team tosses a bean bag trying to land the bean bag in a square. If they answer the review question correctly, they may put one of their papers in that square, claiming that square for the rest of the round. If they can't answer the question, offer the opposing team an opportunity to toss the bean bag and claim a square. Play until one team claims three squares in a row. If the bean bag lands outside the playing area or on a square occupied by their opponent, their turn is over.

### Option 2 - PING-PONG BALL RELAY

Cones, ping-pong balls

Tell students that today's game is a relay race. Instruct each Surf Team to form a single file line several feet away from the cones. Explain that players will answer a review question, drop to hands and knees, and blow a ping-pong ball around the cone and back. The next player will repeat and so on until everyone has a turn. The first team to complete the relay wins.

### REVIEW QUESTIONS

1. *What is today's Character Word? (dependability)*
2. *What does dependability mean? (trustworthy to do what I say I will do)*
3. *What were the names of the old couple? (Abraham and Sarah)*
4. *Why did Abraham live in a tent? (Because he was traveling to the land God promised to him)*
5. *How did Abraham show hospitality to the visitors? (water, shade, food)*
6. *What message did the visitors deliver from God? (Sarah will have a baby)*
7. *What did Sarah do that showed she doubted God's promise? (she laughed)*
8. *How did God keep his promise to Abraham? (He gave them a baby in their old age.)*
9. *If we believe that Jesus is God like He says He is, what does God offer us? (Eternal life in heaven)*
10. *Repeat today's Memory Link. (Psalm 119:89-90a)*
11. *Give an example of a way you can be dependable. (variety of answers)*
12. *How can you know God is dependable?*

**Pray for your Students**

Is there a child in your Surf Team that is tough to handle? Do you find that there is one who gets on your nerves? Pray for that kid! Ask God to allow you to love that child as He does. It will change the way you see that child!

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**“Forever,  
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faithfulness  
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Psalm 119:89-90a

