

**LESSON 8**  
**“CONTENTMENT”**  
(page 1)



**BIBLE CONNECTION**

Luke 10:38-42  
(page 1123)

**CHARACTER WORD**

Contentment – being happy  
with what I have

**TEACHING OBJECTIVE**

I can be content because  
Jesus is enough for me.

**MEMORY LINK**

**Matthew 6:33**

“But seek first the kingdom of  
God and His righteousness,  
and all these things shall  
be added to you.”

(KBC Study Bible pg. 1033)

**SUPPLIES NEEDED  
THIS WEEK**

**GET CONNECTED**

Memory Link cards, Hang  
10 pages, index cards, pens,  
highlighters

**MEMORY LINK ACTIVITY**

Option 1: Deck of cards  
Option 2: Index cards

**BIBLE CONNECTION**

Mixing bowl, wooden spoon,  
apron, chair

**SURF TEAM LEADER**

Memory Link cards, Hang 10  
pages, index cards, pens

**MAKE-IT-STICK  
REVIEW GAME**

Option 1: Colored paper,  
beach pail  
Option 2: None

# Jesus Visits Two Sisters

## WHAT’S THE POINT?

Today the kids will hear the story of Jesus’ visit to Mary and Martha’s home. While Martha was busy preparing a meal, Mary was content to sit at Jesus’ feet to listen and learn. While Martha was worried about getting everything ready to serve Jesus, Mary elected for something better – to be a disciple of Jesus. Jesus made it clear which sister made the better choice on that day. Explain to your students that taking time to be with Jesus is always the best choice that we can make. Spending time with Jesus can help them not only grow in their relationship with him, but find contentment in Jesus. Begin praying that each of the students in your care will learn to find contentment in Jesus.

## GET CONNECTED


Building relationships in Surf Teams; introducing today’s lesson



Memory Link cards, Hang 10 pages, index cards, pens, highlighters

Use the following conversation prompts to get to know the kids in your Surf Team and to introduce today’s lesson.

- Our Character Word is contentment. What does that mean to you?
- How hard is it to be content with what you have?
- What gets in the way of contentment?
- Make contentment real by asking the kids how often they see a new game or toy and want it. Ask the students how someone who is content would see new toys?

 Guide students to locate and mark today’s Bible Connection and Memory Link in their Bibles so they can find the pages quickly as directed in the session.

## WORSHIP TIME

Pointing hearts toward God

Do you ever think about all the times that we complain about what we don’t have or those things that we want? What might happen if we changed our focus from what we don’t have to what we do have? Worship is about being thankful to God for his many gifts to us. Focusing on thankfulness and gratitude to God can help us be content with what we have. Let’s lift our voices to God and thank him for all that he has done for us. Optional choices are: “Sing, Sing, Sing” by Chris Tomlin and “10,000 Reasons (Bless the Lord)” by Matt Redman.













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