

**LESSON 14**  
**“CONFIDENCE”**  
(page 1)



**BIBLE CONNECTION**

1 Samuel 17:1-50  
(page 304-306)

**CHARACTER WORD**

Confidence – trust; a feeling of assurance or certainty

**TEACHING OBJECTIVE**

I can have confidence that God will help me.

**MEMORY LINK**

1 Samuel 17:46b

“That all the earth may know that there is a God in Israel.”

(KBC Study Bible pg. 306)

**SUPPLIES NEEDED THIS WEEK**

**GET CONNECTED**

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

**MEMORY LINK ACTIVITY**

Option 1: Memory Link cards  
Option 2: Beach balls

**BIBLE CONNECTION**

None

**SURF TEAM LEADER**

Memory Link cards, Hang 10 pages, index cards, pens

**MAKE-IT-STICK REVIEW GAME**

Option 1: Painter’s tape, bean bags  
Option 2: Resource Item

# David Defeats Goliath

## WHAT’S THE POINT?

Consider where your confidence most often comes from. Is it from your past experience? Your education, strengths or abilities? In today’s story, David had confidence in all those things, but the source of his ultimate confidence was based on God’s power. He remembered how God had helped him in the past. He trusted the knowledge and abilities God had given him. David’s confidence in God’s power is what gave him confidence to fight the giant, Goliath. What “giants” do you face? Place your confidence in God knowing He will fight the battle for you and He has already won the victory.

## GET CONNECTED



Building relationships in Surf Teams; introducing today’s lesson

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

Use the following conversation prompts to get to know the kids in your Surf Team and to introduce today’s lesson.

- Our Character Word is confidence. What does confidence mean to you?
- How does a confident family member act? How does a confident student act?
- When do you feel most confident?
- Think about what you’ve learned about God. How does that give you confidence in God?



Guide students to locate and mark today’s Bible Connection and Memory Link in their Bibles so they can find the pages quickly as directed in the session.

## WORSHIP TIME



Pointing hearts toward God

A great song to encourage students that their confidence comes from the Lord, and should be in the Lord, is “Confidence” by Sanctus Real. “In Christ Alone,” by Brian Littrell, reminds us to put our trust and confidence in Christ alone.

## MEMORY LINK



2 Minutes – Teaching the Bible verse to students  
8 Minutes – Activity to help them memorize the verse

Note cards, pen, marker

### Focus on the Bible

*Who brought a Bible?* Each week in Memory Link, count who remembered to bring their Bible. Encourage kids to hold up their Bibles high in the air while you count. Keep a running total each week and try to increase the number of Bibles brought every week.

### Focus on Today's Memory Link

Help the children find 1 Samuel 17:46b in the KBC Study Bible on page 306. Ask a volunteer to read the verse aloud as others follow along. Guide kids to read and repeat the verse several times.

Explain that today's Memory Link occurs in today's Bible story and that these words are what David declared before he defeated the giant, Goliath. *In today's story, you'll hear how David showed he placed his confidence in God's power. David wanted everyone on the earth to know about the one, true God.*

Draw the kids' attention to the word "know." Ask kids to share truths they know about God. (God is real, God is powerful, God cares for me, etc.) Explain that knowing the truth about God gives Christians confidence. Remind kids that the Bible is the best source for knowing the truth about God. Encourage them to place their confidence in what they know to be true about God.

### Option 1 – TAKE AWAY

Memory link poster

#### Prepare

Print one copy of the Memory Link for each Surf Team. Cut each verse copy into 16 pieces — one for each word, book of the Bible, chapter and verse.

Mix up the verse pieces and place them in the center of the group. Instruct the students to place the words together until the Memory Link is correct. Read the verse together as a group. Guide kids to take turns removing one word at a time, repeating the verse after each word is removed. Continue until all of the words have been removed, and the group can say the verse without looking at the words.

### Option 2 - HOT POTATO

Beach balls

Guide Surf Teams to form a circle. Hand the beach ball to a child and instruct him or her to say the first word of the verse and roll the beach ball to another child. The child receiving the ball will say the second word of the verse and roll the ball to another child. Continue until the verse is complete. Play several rounds, changing the way the ball is passed each time. (tossing, bouncing, handing off, etc.)

# LESSON 14 "CONFIDENCE" (page 2)

### 1 Samuel 17:46b

*"That all the earth may know that there is a God in Israel."  
(KBC Study Bible pg. 306)*

**Bible 101**

Encourage students to hang out with God for 10 minutes a day by reading their new Bible and praying. Instruct the students to pick up their KBC Study Bibles and turn to the tip-in pages, "Spending Time with God" between pages 242-243. Help them to think about when, where and what they will need and how to spend time with God daily. Talk about this each week in Beach Club.

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## BIBLE CONNECTION



Teaching today's Character Word through a gospel-centered Bible story

No supplies needed

### Set the Stage

Have you ever encountered a bully? What have your teachers or parents taught you about bullying? Invite the kids to share what they've learned about bullying. *Bullying is never OK. Everyone should be treated with kindness. If you encounter a bully, you should ask a trusted adult for help.*

### Tell the Story

Today's story includes a bully. This bully wasn't a kid or even a typical adult. He was a giant man, nearly 10 feet tall. He didn't just bully one person. He bullied a whole army of grown men. All the men in the army, and even the king, was afraid of this bully. No one had the confidence to stand up to him, except for one scrawny teenager. Let's look in the Bible to see what happened.

Guide kids to find 1 Samuel 17 on page 304 in their KBC Bibles. Ask kids to identify the two names in the heading above chapter 17. (David and Goliath) *Goliath was the bully, and David was the teenager who had enough confidence in God to stand up to the bully, Goliath.*

*The Israelites and the Philistines were enemy armies preparing for a great battle. The Israelite army camped on the top of one mountain and the Philistine army camped on top of another mountain with a great valley stretched between them. Every morning and every evening Goliath would walk into the valley in full battle armor and shout across to the Israelite army, "Choose a soldier from your army to come down into the valley and fight against me. If your soldier can kill me, our army will become your servants. But if I kill your soldier, you will serve us!" The Israelite army was afraid, and no one had enough courage to fight against Goliath. Goliath continued to mock the Israelite army twice a day, every day, for 40 days.*

*Meanwhile, David was too young for the battle. He stayed home to help care for his father's sheep while his older brothers were fighting in the Israelite army. David's father prepared a care package of food and supplies for his sons who were in the army. You couldn't mail packages in those days, so David's father instructed David to deliver the package to his brothers on the battlefield. That's exactly what David did. After David arrived at the Israelite army camp and greeted his brothers, Goliath came out to bully the Israelite army.*

*David couldn't believe what he saw. When Goliath came out shouting his taunts, Israel's soldiers ran away in fear. The soldiers told David how the King had promised that for the man who killed Goliath, he would give many riches and even let him marry the princess. Still no one was brave enough to fight Goliath.*

*David was appalled that Goliath mocked the army of the living God and no one stood up to him. David rebuked the soldiers for not doing anything about this bully. Well, the king heard about David's strong words and sent for him. David stood before the king and said, "I will go fight Goliath." David was confident that God had the power to defeat their enemies.*

### Teaching Tip

Rather than holding your lesson in your hand while you teach, make notes on a sticky note and place it in your Bible. Always have your Bible in your hand (and read from it) when teaching students a Bible lesson. This offers kids a visual understanding that what you're teaching comes from God's word. Instruct students to open their Bibles to the reference/page and coach them to read along with you, verse by verse.

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The king told David he was too young and didn't have the skills to fight a giant. David explained that as a shepherd, he killed a lion and a bear to protect the sheep. But what David said next convinced the king to let David fight against Goliath. Let's read 1 Samuel 17:37 (page 306) together, "Moreover David said, 'the LORD who delivered me from the paw of the lion and the paw of the bear, He will deliver me from the hand of this Philistine.'"

Where did David place his confidence? (In God) David was confident God had the power to help him defeat the giant. He remembered how God helped him defeat a lion and a bear. He trusted God to give him the victory.

So, King Saul agreed to let David fight Goliath. The king took his own armor and put it on David. But it was too big! David couldn't even walk around in all that heavy armor, so he took it off.

David went down to the brook. He took five smooth stones out of the water and put them in his shepherd's pouch. In his hands, David held his shepherd's staff and a sling. He walked down into the valley toward the giant, Goliath. When Goliath saw this young shepherd boy walking toward him, Goliath taunted even more. He said, "Who is this dog who comes to fight me with sticks?"

Lead the kids to follow along as you read aloud 1 Samuel 17:45-47 (page 306) to discover what David shouted back to Goliath. Ask the kids to identify which part was today's Memory Link. ("...that all the earth will know there is a God in Israel.")

When David got closer to Goliath, he ran straight toward him. He pulled a stone from his pouch, put it in his sling and sent the stone flying toward Goliath. The stone hit Goliath right in the middle of his forehead and sunk in deep. The giant fell to the ground on his face. With God's help, David confidently killed Goliath with a sling and a stone.

### Application

He will never let you down. You can be confident that God will always give you exactly what you need. Did David defeat Goliath by himself? No, God was with him. What gave David the confidence that he could kill a giant? He trusted God to help him. With God on your side, you can always be confident that He will help you do whatever He's calling on you to do.

### Gospel Connection

You can have confidence, even more than David, when you place your trust in Jesus Christ. God sent Jesus, His only Son, to come to earth to die on the cross for you and me. His promise to forgive us of our sins will forever be offered. God's Word tells us God's plan for how people can become followers of Jesus. It's as simple as A-B-C. All you have to do is ADMIT, BELIEVE and CHOOSE to FOLLOW. ADMIT you're a sinner and ASK Jesus to forgive your sin and come into your life. Next, BELIEVE that Jesus' sacrifice paid the debt for your sin and then CHOOSE TO FOLLOW Jesus by turning away from your sin and choosing God's way rather than your own way. You can have confidence that Jesus forgives sins when you commit your life to Him.

Invite students wanting to know more about praying to ask Jesus to be their forever friend to move to the designated counseling area to talk with a leader one on one. Be sure to have all the decision supplies available.

## SURF TEAM TIME

Connecting with kids in small groups;  
applying today's Bible Connection and Character Word



# LESSON 14 "CONFIDENCE" (page 5)

Memory Link cards, Hang 10 pages, index cards, pens

### Today's Bible Lesson

- Before you begin, ask if there are any students who would like to talk with the Bible Connection leader about praying to ask Jesus to become their forever friend. If so, let them go to the designated area.
- *What questions do you have about today's story?*
- Connect the Memory Link to today's story. Ask the children to identify the person who spoke the words in today's Memory Link. (David) *What did David want everyone to know?*
- *How did David show confidence in God? How can you show confidence in God?*
- *Share ways you can live out confidence this week.*

### Use the Bible

Give each child a Memory Link card. Review today's Memory Link and Character Word. Guide kids to use cards to mark today's story in their KBC Study Bibles. Lead them to highlight today's Memory Link.

### Hang 10 Pages

Give each child a Hang 10 page. Challenge kids to hang out with God 10 minutes each day by praying and reading the Bible, using the Hang 10 page as a guide. Encourage kids to do the Weekly Challenge and bring back their Hang 10 pages next week for a time of discussion.

*On Day 4 you're asked to read "Bible Treasures" at the bottom of page 305 in your KBC Study Bible. Let's look at it together. Think about how frightening it would have been to be a young boy going up against a big giant?*

### Pray

Give the kids a few minutes to share their prayer requests or write them on index cards. Ask a child to lead the group in prayer. Take the cards home and remember to pray for the kids in your Surf Team this week.

*God, I know You are able to defeat the "giants" in my life. Help me place my confidence in you. In Jesus' name, amen.*

### Connection Tip

Kids love to receive mail. This week, send cards to the students in your Surf Team letting them know you're thinking of them. Include an encouraging verse of scripture for kids to read in their Bibles. Remember to include the page number to help kids find the verse in their KBC Study Bibles. Make notes of their birthdays, special events, when kids are sick or when you learn of ministry needs. Sending cards at those special times will remind kids how much you care about them.

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**MAKE IT STICK - REVIEW GAME**

Playing a game to review today's Bible Connection and Character Word



**Option 1 - SQUARE TOSS**

Painter's tape, bean bags

Give each Surf Team Leader a roll of painter's tape. Instruct them to make a square approximately two feet by two feet on the floor. Then instruct them to divide the square into four quadrants by using tape to form a cross in the center of the square. This will create four smaller squares inside the larger one. Let each Surf Team leader determine the point value for each of the four squares.

Each Surf Team will stand in a circle around the square their Surf Team leader created on the floor. Each child will take a turn tossing the beanbag onto the square. Then they will answer a review question. If they answer the question correctly, they will earn the number of points that was assigned to that square. The child with the most points is the winner.

**Option 2 - SMOOTH STONES**

Resource item: "Smooth Stones"

**Prepare**

Print "Smooth Stones" (Resource Item) and cut apart.

Divide the Surf Team into two teams. Place the "Smooth Stones" cards face down in the center of the group. A player from the first team will select a card. The leader will ask that player the review question that corresponds with the number on the card they selected. If the player answers the question correctly, they may keep the card, earning one point for their team. If the team does not answer the question correctly, they will return the card to the center and the other team will select a card. The team with the most cards at the end of play wins.

OPTION: Rather than cards, use real stones. Write or paint the numbers 1-10 on separate smooth stones. Place the stones in a bag and allow the kids to draw the stones. Play as directed above.

**REVIEW QUESTIONS**

1. *What is today's Character Word? (Confidence)*
2. *What does confidence mean? (trust; a feeling of assurance or certainty)*
3. *Is today's Bible story in the Old or New Testament? (Old Testament)*
4. *Who in today's story had confidence and in what did he have confidence? (David had confidence in God)*
5. *What were the men of the Israelite army afraid of? (Goliath)*
6. *How was Goliath a bully? (he taunted the Israelite army and intimidated them with his size)*
7. *What weapons did David use to fight against Goliath? (a sling and a stone)*
8. *Tell a reason people can have confidence in God.*
9. *How can you show others you have confidence in God?*
10. *Recite today's Memory Link. ("That all the earth may know that there is a God in Israel." 1 Samuel 17:46b)*

**Teaching Tip**

You've got this! Read the instructions to the activities several times so you are familiar with the steps. That way, you can give your club instructions in your own words and only reference the written instructions as notes.

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**“That all the  
earth may  
know that  
there is a God  
in Israel.”**

1 Samuel 17:46b

