



LESSON 18

Ananias Helps Saul  
Acts 9:1-22

(KBC Study Bible, pages 1196-1198)

Character Word

**Kindness** – a friendly, good-natured attitude toward others

Even though Ananias was afraid, he trusted God and showed kindness to Saul.

With God's help, I can show kindness to others.

Memory Link

“And be kind to one another, tenderhearted, forgiving one another.”  
Ephesians 4:32a (KBC Study Bible, page 1289)

Weekly Challenge

Read the tip-in page “Fruit of the Spirit” in your KBC Study Bible (before page 819). Kindness is a part of the fruit of the spirit, which is the good character that Christians reflect. Try to memorize all nine parts of the fruit of the spirit and share them with your family.

**DAY 1 READ:** Thessalonians 5:15 (KBC Study Bible, page 1307)

**THINK:** Think about what you would do if someone grabbed something you were using out of your hand. How can you live out today's verse in that situation?

**PRAY:** God, please give me the right attitude and the words to say when someone is unkind to me. In Jesus' name, Amen.

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**DAY 2 READ: Proverbs 12:25** (KBC Study Bible, page 678)

**DO:** Did you see anyone today who looked sad, lonely or left out? Write down two ways you could have shown kindness to that person. Make a plan to do one of those things tomorrow.

**PRAY:** God, help me show kindness to those who are sad and lonely. In Jesus' name, Amen.

**DAY 3 READ: Galatians 5:22-23** (KBC Study Bible, page 1283)

**DO & THINK:** Find the tip-in page "Fruit of the Spirit" before page 819 in your KBC Study Bible. Showing these words in your life, including kindness, starts with your attitude. How does your attitude need to change?

**PRAY:** Dear God, please help me adjust my attitude so my actions will reflect You to others. In Jesus' name, Amen.

**DAY 4 READ: Luke 6:31** (KBC Study Bible, page 1113)

**THINK:** After reading today's verse, think about how you feel when others treat you with kindness when you don't expect it. How can you surprise someone with kindness right now?

**PRAY:** Father, thank You for people who have shown kindness to me. In Jesus' name, Amen.

**DAY 5 READ: Ephesians 4:32a** (KBC Study Bible, page 1289)

**DO:** Read the very last tip-in page in your KBC Bible titled "Making Jesus Cool at School!" Ask God which of the things listed He wants you to do at school this week.

**PRAY:** Father, show me how I can make Jesus cool at my school. In Jesus' name, Amen.

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